

INTERNATIONAL ASSOCIATION FOR COLON HYDROTHERAPY

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8020 Warren Dr., NW
Gig Harbor, WA 98335
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Dear Prospective Member,

Enclosed you will find a membership application packet that we hope you will take the time to read and complete. Being a Full Member of I-ACT ranks you with the top colon hydrotherapists nationally and internationally. Along with the incredible support and networking, your membership entitles you to many benefits including discounts on seminars, conventions, and educational training.

Another privilege is having access to the information we make available. This collection of valuable information is a source of motivation, support and ongoing study. This material is available only to Full I-ACT Members.

I sincerely hope you will consider being a part of I-ACT. We need people with your interest and enthusiasm. We are looking forward to welcoming you into our organization.

Health & Harmony,



Pam Craig

I-ACT President

COLON HYDROTHERAPY FACT SHEET

What is Colon Hydrotherapy?

Colon hydrotherapy, is a safe, effective method of removing waste from the large intestine. By introducing a small amount of water into the colon, the waste is softened and loosened, resulting in evacuation through natural peristalsis. This process is repeated a few times during a session. Colon hydrotherapy best benefits the body when used in combination with adequate nutrient and fluid intake as well as exercise. Today's sophisticated technology makes this health practice both safe and sanitary.

Sanitation

Modern colon hydrotherapy equipment should be manufactured through compliance with strict FDA guidelines that dictate rigorous accountability. The FDA-registered equipment features temperature controlled water mixing and back flow prevention valves, pressure and temperature sensors, and a built-in chemical sanitizing unit or water purification unit. Disposable single-use rectal tubes, rectal nozzles, and/or speculums are highly recommended. The equipment should be plumbed to meet all local ordinances.

I-ACT's Work to Ensure Professional Standards

The International Association for Colon Hydrotherapy (I-ACT) advocates the highest standards of education and professional conduct to assure properly administered colon hydrotherapy. Today, colon hydrotherapists are thoroughly trained professionals, who must pass rigorous testing and adhere to strict guidelines established by I-ACT. These professionals are well schooled in the administering of colon hydrotherapy.

Colon Hydrotherapy Client & Hydrotherapist Population

There are an estimated 5,000 colon hydrotherapists in the United States. Hundreds of thousands of clients enjoy the therapeutic value of colon hydrotherapy. There are many medical, chiropractic, acupuncture and naturopathic doctors who prescribe colon hydrotherapy as an adjunct to treatment, and some insurance policies cover it.

Glossary

Colon hydrotherapy	Colon hydrotherapist	Instrument
Equipment	Device	Session
Client	Table	Rectal Nozzle
Rectal Tube	Speculum	Obturator

COLON HYDROTHERAPY:

1. Hydrates the waste and the body. (hydrated bodily fluids are able to carry nutrients and waste more effectively, these fluids include lymph, blood, mucus, intercellular fluid and extra cellular fluid)
2. Softens and loosens waste. (it is easier for the bowel to evacuate softened, hydrated waste than a hard, dehydrated mass)
3. Water enters the bowel, softening and loosening waste, this creates the reflex for evacuation. The colon evacuates through normal peristalsis. This may be repeated several times during a session, thereby exercising the muscles which make up the colon.

COLON HYDROTHERAPIST:

A person who has been trained to assist during the colon hydrotherapy session.

EQUIPMENT, INSTRUMENT, DEVICE

Colon hydrotherapy equipment does not have a motor nor a generator. It does not generate force, it controls force. Please do not call colon hydrotherapy equipment a machine, use the term equipment, instrument, or device.

SESSION

Colon hydrotherapy is a service not a treatment. Colon hydrotherapists are not medical providers unless they have completed their education in one of the medical fields.

CLIENT

Colon hydrotherapy clients are not patients. They are receiving a specific service, for reasons of their own. If they require a medical provider, help them by knowing who in your area provides good quality medical help and refer them to that person.

TABLE

The cushioned surface upon which a client of colon hydrotherapy rests is called a table.

RECTAL TUBE OR RECTAL NOZZLE

The small hollow tube which is inserted into the rectum approximately 3 inches and allows water to flow into the rectum and colon. This small tube remains in place during the evacuation of waste.

Continued next page

Glossary (continued)

SPECULUM

A rigid tube about five and a half inches long, a little less than three quarters of an inch in diameter, which enters approximately two and a half to three inches into the anal canal. A quarter inch water tube attaches to the side of the speculum that is away from the body, with a one inch waste tube attached on the far end.

OBTURATOR

The obturator is a stick with a smooth, half sphere on one end and a small handle on the other end. It is placed within the speculum to allow the speculum to enter the anal canal without disturbing the tissue.

Other Notes

Please don't put the initials for colon hydrotherapist after your name, write it out in full.

According to state law in most states, initials after your name is not allowed unless you have a degree from an accredited professional school.

For certification, education is a must for a colon hydrotherapist. To complete Level 1 Certification through I-ACT, the colon hydrotherapist must have completed 100 hours of training.

I-ACT Policy Statement:

I-ACT recommends the use of currently registered FDA equipment and only disposable speculums, rectal tubes, or rectal nozzles. However, should the Therapist use reusable speculums, these speculums should, at a minimum, be autoclaved for sanitation and cleanliness (30 minutes). Additionally, the autoclave unit must be tested and inspected by competent authority at least four times per year- maintain documentation. (Under NO conditions should a disposable speculum or rectal tube be reused).

I-ACT recognizes the FDA classifies equipment used to instill water into the colon through a nozzle inserted into the rectum to evacuate the contents of the colon into three distinct classes; Class I (Enema Kits), Class II and Class III are (Colon Irrigation Systems). Follow the guidelines of your manufacturer, as approved by the FDA for the type of equipment (devices) you are using. Make no claims as to the use of your device other than those approved by the FDA. The FDA requires Class II devices to be sold on or at the order of a physician or healthcare practitioner. This may be different in each state. Ensure you are in compliance with your local, state, federal and country guidelines.

I-ACT recognizes there are two distinct types of colon irrigation systems; open and closed systems. However, it is I-ACT policy that the colon hydrotherapist / technician is always in attendance / or is immediately available to the client throughout the session. The degree of assistance is to be in compliance with the instructions of the manufacturer of the equipment as registered with the FDA, and/or as directed by a physician.

The policy on insertion is to follow the instruction of the referring physician; the guidelines of the manufacturer as approved by the FDA; or the directives from the authority of your city, county, state, or country ordinances.

I-ACT recommends that you do not put the initials (CT) for colon hydrotherapist after your name, write it out in full. According to most state laws, putting initials after your name is not allowed unless you are licensed or have a degree from an accredited professional school.

Advertising copy which states or implies that colon hydrotherapy can treat any disease, promise cure for any disease, or that makes unsubstantiated medical claims SHALL NOT be used.

Additionally, I-ACT recommends each therapist not using FDA registered equipment consider upgrading their equipment to FDA registered equipment in the very near future.

I-ACT RECOGNIZED - COLON HYDROTHERAPY SCHOOLS

A Healing Touch & Aroma Therapy Institute
4318 Downtowner Loop North, Suite "N"
Mobile, AL 36609
251-460-4141 - shrlgriffin@gmail.com

Alder Brooke Healing Arts
1477 Lake Dr.
Eugene, OR 97404
541-513-7894

Alliance of Classical Teachings
5830 Sandy Springs Circle
Atlanta, GA 30328
770-714-6350 - pamcraig1@gmail.com

Allred Colonic School
8615 #1 West Pico Blvd.
Los Angeles, CA 90035
310-358-7913 - colonanda@gmail.com

Alternative Angels British School of Colon Hydrotherapy
203 Broadgate Lane
Horsforth, Leeds, UK LS185BS
0-113-258-8700 - detox@alternativeangels.org

Alternative Health Center & School
919 Kildair Farm Rd.
Cary, NC 27511
919-380-0023

Aqua Healing Solutions, Inc.
821-D Allison Bonnett Memorial Parkway
Hueytown, AL 35023
205-744-7997

Aqua Lingua Center for Colon Hydrotherapy Education
Julianalaan 45
NL-2628 BB Delft, Nederland
0031-152141387, fax 0031-152148853 - info@aqua-lingua.eu

Arizona's International Center of Education, LLC
9817 N. 95th Street, #110
Scottsdale, AZ 85258
480-657-2633 - s.lukes@att.net

Arts for Vibrant Colon Health
2525 Arapahoe E4-621
Boulder, CO 80302
303-243-4303

Awareness Institute and Natural Wellness Center
1830 Water Place, #295
Atlanta, GA 30339
770-859-0307

Barbara Chivvis Training for Colon Hydrotherapy
Integrative Healthcare Solutions, LLC
Lindenhurst, NY
516-383-9505 - barbarachivvis@gmail.com

Bekki Medsker School
106 North Creek Drive
Quinby, SC 29506-7202
843-679-0718

Beverly Hills Wellness Center School of Colon Hydrotherapy
328 S. Beverly Drive
Beverly Hills, CA 90212
310-284-8891

BioNaturally
3645 Aubusson Trace
Johns Creek, GA 30022
770-649-0789 - karla@bionaturally.com

California Coastal Cleansing Institute
3405 Kenyon St.
San Diego, CA 92110
619-224-1962 - info@livingwaterrejuvenation.com

Chi Centre Ltd.
17 North Town Road
Maidenhead, Berks, SL6 7JQ United Kingdom
44-1628-670970 - request@wellbeingnow.co.uk

Chicago School of Colon Hydrotherapy
11701 South Bell Ave.
Chicago, IL 60643
312-238-9817 - dorothy1949@comcast.net

Christian Wellness & Treatment Center
1413 Crescent, Suite B
Tyler, TX 75702
903-593-4025

Cleansing Waters, LLC
5501 E. 71st St., Ste 1A
Indianapolis, IN 46220
317-259-0796

Colon Care Institute
27514 Calle Arroyo, Ste A
San Juan Capistrano, CA 92675
949-275-8380

Colon Care Hydrotherapy School of Chicago
920 N. Franklin, #402
Chicago, IL 60610
312-664-5886

Colon Medic Israel
Hatkuma St., No. 6
Kiryat Hayim, Israel
972-4-849094

Colonic Copenhagen School of Colon Hydrotherapy
Landemarket 5, 2 floor
Copenhagen K., 1119, Denmark
45-33-11-11-03

Colonic Network School
10911 West Avenue
San Antonio, TX 78213-1537
210-308-8888

Dotolo Institute & ReNew Life School
1007 N. MacDill
Tampa, FL 33607
813-871-3200 / (813) 877-2640

Earth Spring School for Colon Hydrotherapy
354 Dover Milton Road
Oak Ridge, NJ 07438
973-697-3530

GumTree Retreat
3570 Orara Way
Kungala, NSW, Australia 2460
6-12-6649 4464

Healing Waters, Inc.
720 23rd St., So
Bham, AL 35233
205-323-7582

Healthy Directions Center
25 W. 81st Street, Suite 1A
New York, NY 10024
212-496-8702

Healthymuse School for Holistic Health Practices
A Division of Healthy Muse, inc.
487 - B Carlisle Drive.
Reston/Herndon, (Washington DC Metro Area)VA 20170
703-953-3323

Heavenly Spa
1 Chilworth Mews
London, W2 3RG United Kingdom
020 7298 3820

Inner Healings & Assoc. Inc.
2130 W. Brandon, Blvd., Ste 206
Brandon, FL 33511-4730
813-657-6198

Internal Environment Institute
904 Broadway
Santa Monica, CA 90401
760-900-6814 or 310-576-6360

International School of Colon Hydrotherapy
*13878 Oleander Avenue
Juno Beach, FL 33408
(800) 717-7432 or 561-775-9912

Joyce Long's Wellness Institute
2301 Yorktown, #201 A
Houston, TX 77056
713-623-0866

Las Vegas Colon Hydrotherapy School & Clinic, LLC
1815 E. Charleston Blvd., Suite #5
Las Vegas, NV 89102
702-471-0088 - lasvegascolonics@yahoo.com

Lifestream Colon Hydrotherapy Institute
2001 South Lamar, Ste G
Austin, TX 78704
512-707-8383

Living In Wellness, LLC
8020 Warren Dr., NW
Gig Harbor, WA 98335
253-649-0288

Nurtura Health Pty Ltd.
Shop 5/21, Electra St. (Box 1520)
Bundaberg, QLD, 4670 Australia
61-07-415-34112

Oriental School of Colon Hydrotherapy
10 Sinaran Drive #09-31
(Novena Medical Center Square 2
Singapore, 307506 - Republic of Singapore
65-62356311 - therapy@pacific.net.sg

Pathways Transformatonal Center for CHT
4833 Chestnut Street
Emmaus, PA 18049
610-966-7001

Phoenix Holistic Health Center
4747 E. Elliot St., Suite 13
Phoenix, AZ 85074
480-753-0888

Prime Vitality - Global Health and Education Center
Suite 6 - 157 Riverside Drive West
North Vancouver, BC, Canada V7H 1T6
604-929-7452 - primevitality@gmail.com

Quiet Tide School for Colon Hydrotherapy
345 New London Turnpike
Glastonbury, CT 06033
860-430-9720 - QuietTide@gmail.com

School of Colon Hydrotherapy Coff's Harbour
17 Henrietta Ave.
Mount Nasura, West Australia 6112
08-927-14113

St. John's Academy of Natural Healing & Sciences
7711 Hillmeade Rd.
Bowie, MD 20720
301-262-5302

Taymount Colon Hydrotherapy Training School
Capel Grange, Bedford Road
Holwell, Hitchin, Hertsordshire SG5 3RT
United Kingdom
44-1462-712-500 - enquiries@taymount.com

The Art of Health School of Colon Hydrotherapy
2140 Kimberton Rd.
Kimberton, PA 19460
610-935-0701

The British School of Colon Hydrotherapy
Stoodley Lodge, Stoodley Lane, Eastwood, Todmorden,
West Yorkshire, UK OL14 6HA
01 706 818332

The Colorado Center for Living Arts
409 E. Prospect Rd.
Fort Collins, CO 80525
970-472-0995

The Tummy Technical Institute
2016 NE 65th St.
Seattle, WA 98115
206-729-6211 - kristi@tummytemple.com

The West of England School of Colon Hydrotherapy
239 Staplegrove Rd.
Taunton, Somerset, TA2 6AG, England
001 44 01823 333030 - info@innerhealthclinic.co.uk

Utah School of Colon Hydrotherapy
502 S. State St.
Orem, UT 84058
435-660-1180 - internalbalanceutah@yahoo.com

Vestta Whole Health
#209 - 2760 West Broadway
Vancouver, B.C. Canada V6K 2G4
604-731-3571

Washington Bodyworks Wellness Centre
3240 Jones Ct. NW
Washington, DC 10007
202-422-0833

Warm Springs Wellness School for Colon Hydrotherapy
567 Cason Lane, Suite C-1
Murfreesboro, TN 37128
615-426-0472

We Care Health Retreat
18000 Long Canyon Road
Desert Hot Springs, CA 92241
760-251-2261

Wellness Institute of Colon Hydrotherapy
26 Bloomfield Ave.,
Denville NJ 07834
347-803-8067 - uskachv@gmail.com

Although I-ACT recognizes these schools, it is your responsibility to ensure the school is structured to meet your needs. Ensure you have a contract for services with the school and an understanding about refunds if you are required to depart prior to completing your training.

How to be Certified by I-ACT

New Requirements as of 1/31/2009

Exams and their requirements

The Foundation Level

Prerequisites

1. Must have a high school diploma/GED, or equivalent
2. Must have postsecondary education level A&P (equivalent to 3 semester hours)
3. Must have a current CPR card
4. Recommendation - each new student should have received 1 - 3 colonics prior to entering training

Requirements:

1. Either provide proof (by transcript) of completing a 100 hour course of Colon Hydrotherapy training from an I-ACT approved School and/or an I-ACT Certified Instructor; or proof of a minimum of one year of practice with documentation of at least 100 colon hydrotherapy sessions - If the one year practice is used, that person must attend an 8 hour (in the classroom) course put on by an I-ACT Instructor or I-ACT School and meet the prerequisite requirements listed above.
2. Must be a Full I-ACT Member in good standing.
3. Must send your resume and proof of all related education; Seminars completed, degrees and experience in both practice and theory. (Copies Please).
4. Must send pictures of your facility showing: waiting area, Colon Hydrotherapy room, bathroom, etc...
5. Must send a blank copy of your Health Questionnaire. (Intake Form)
6. Must carry Liability Insurance (if desired) / provide a copy of the policy front page (or a statement saying you do not wish to carry insurance).
7. Must do a 15 minute presentation on colon hydrotherapy during class.
8. Must pay for, take and pass an I-ACT Level 1 written exam .

The Intermediate Level

Prerequisites

1. Must have a high school diploma/GED, or equivalent
2. Must have postsecondary education level A&P (equivalent to 3 semester hours)
3. Must have a current CPR card
4. Recommendation - each new student should have received 1 - 3 colonics prior to entering training
5. Individual may not enter training for the Intermediate Level (Level 2) until they have been fully certified by I-ACT at the Foundation Level (Level 1) for a minimum of 6 months. (see the option for the licensed healthcare provider listed below)

Requirements:

1. Must be certified, by I-ACT, at the Foundation Level for a minimum of six (6) months.
 2. Licensed Healthcare providers may take the Level 2 exam upon showing proof they have received at least 500 hours of in class-room training, or have two years working on the public under the scope of practice of their license.
 3. Make any corrections on your resume - update continuing education, recent seminars, etc...
 4. Share for 30 minutes, choose A, B, or C:*
 - A: Take us on a video journey with your client as you teach them how they may assist themselves during a session.
 - B: Read your essay of 3000 words in personal experience.
 - C: Demonstrate the expertise you have developed through your work in Colon Hydrotherapy.
 5. Must take and pass the I-ACT Intermediate Level 2 Exam.
- *Above presentations may be at an I-ACT approved school, a regional seminar, or an I-ACT Convention - eight people in attendance desired.

The Advanced Level

Prerequisites

1. Must have a high school diploma/GED, or equivalent
2. Must have postsecondary education level A&P (equivalent to 3 semester hours)
3. Must have a current CPR card
4. Recommendation - each new student should have received 1 - 3 colonics prior to entering training
5. Individual may not enter training for the Advanced Level (Level 3) until they have been fully certified by I-ACT at the Intermediate Level (Level 2) for a minimum of 1 year. (see the option for the licensed healthcare provider listed below)

Requirements:

1. Must be certified by I-ACT at the Intermediate Level for a minimum of 1 year, and must be a full member of I-ACT
2. Licensed Healthcare providers may take the Level 3 exam upon showing proof they have received at least 1000 hours of in class-room training, or have three years of experience working on the public under the scope of practice of their license.
3. Must take and pass the I-ACT Advanced Level 3. Exam.

How to be Certified by I-ACT - Continued

New Requirements as of 6/22/2008

Exams and their requirements

The Instructor Level

Prerequisites

1. Must have a high school diploma/GED, or equivalent
2. Must have postsecondary education level A&P (equivalent to 3 semester hours)
3. Must have a current CPR card
4. Recommendation - each new student should have received 1 - 3 colonics prior to entering training
5. Individual may not enter training for the Instructor Level (Level 4) until they have been fully certified by I-ACT at the Advanced Level.
6. Each Instructor candidate must attend an Instructor training class put on by an I-ACT Instructors or an I-ACT School

Requirements:

1. Must be certified, by I-ACT, at the Advanced Level and be a Full I-ACT Member.
2. Must attend a mandatory 60 hour (in the classroom) instructor training course put on by an I-ACT School or I-ACT Instructor.
3. Demonstrate 3 hours of teaching on Foundation or Intermediate Level Anatomy & Physiology at an I-ACT approved school or with an I-ACT instructor during an approved I-ACT Instructor Course.
4. Must demonstrate one hour of teaching at an I-ACT Convention - eight people in attendance desired.
5. Submit outline of teaching to the I-ACT office at least 1 month prior to the convention.
6. Write a test of 50 questions on Colon Hydrotherapy Anatomy & Physiology -multiple choice (A, B, C, & D)- with answers (provide correct answer on separate pages and also provide source documentation for each question). Submit this test to I-ACT.
7. Student will bring to the Convention the textbooks, class handouts, enrollment application, enrollment agreement, A&P review exam, evaluation forms, lesson plans, schedule, and the certificate of training completion that they will be using in their class.
8. Sign the Instructor Oath.

ATTENTION - ALL Individuals seeking to achieve the Instructor status at the next Convention MUST be registered for the Convention and MUST have checked the Instructor block BEFORE April 30, of that year.

Any individual that does not meet the April 30 cutoff, MUST then register for the next annual Convention.

Testing for each level:

1. The testing for Level 4 (Instructor Level) requires the completion of a 60 hour course put on by an I-ACT school or with an I-ACT Instructor. During that training, the individual will teach for a total of four instructor hours. Three {3} hours may be accomplished at an I-ACT recognized school, or with an I-ACT Instructor (it is desired that minimum of 8 individuals attend the instructor presentations). One hour must be completed at an I-ACT Convention (at a minimum, the presenting instructor should wear business casual attire). In addition, the prospective instructor must attend a mandatory two hour instructor workshop provided at the convention. After attending the mandatory 60 hour Instructor class, the instructor candidate may practice the one hour presentation at Regional meetings.

2. Upon an applicant's passing the test and paying the initial certification fee and fulfilling all requirements for I-ACT Level 1, I-ACT shall then certify the individual at the Foundation Level. Completion of the requirements for Level 2, 3 or 4 will cause I-ACT to certify the individual at that level.

3. All certification examinations must be proctored and an accurate record of each examination shall be made; and that record, together with all examination papers, shall be filed by I-ACT or the school certifying the examination and be kept indefinitely.

4. Members testing at the convention be allowed to take a test 2 times during the convention. If the member fails the exam 2 times they will be required to show additional training before they can retest. They may retest and pay \$75 for the test. If they fail this test they will be required to wait 6 months and show they have additional training. Before they can retest and pay an additional \$75 test fee. If the person does not pass this exam they will be required to retrain with A & P at a school, instructor or tutor and present a transcript.

5. Maximum time allowed for Level 1 & 2 exam shall be 2 hours, and maximum time allowed for Level 3 exam shall be 3 hours. This time may be extended by the proctor as required for International students that English is not their first language or if the student has documented learning disabilities .

INTERNATIONAL ASSOCIATION FOR COLON HYDROTHERAPY APPLICATION

Which of the following classifications of membership correspond to your situation?

Affiliate (groups, organizations, or companies)

\$250 per year -- Groups, organizations, or companies who want to support the growth of colon hydrotherapy and the goals of this Association are invited to become Affiliate Members of I-ACT. Affiliate Members subscribe to I-ACT's ethical and professional guidelines, have one vote, receive a newsletter subscription and can designate a representative to serve on committees. Affiliate Members are not eligible to serve as an officer or a member of the Board of Directors.

Full (Professional colon hydrotherapist) How did you hear about I-ACT _____

\$150 - {International Members pay \$125 – U.S. funds}
(Please provide a passport size picture) -- Professional colon hydrotherapists are welcome to join I-ACT as Full Members. A Full Member has one vote, receives a newsletter subscription and is eligible to serve as an officer, member of the Board of Directors, or on committees. Dues are required annually. Membership will lapse if dues are not paid in a timely manner.

Donating (clients, health care practitioners, family, friends)

\$35 \$50 \$100 \$500 \$1000 per year Good & Services (please specify)
Individuals who want to support the growth of colon hydrotherapy and the goals of this Association are encouraged to join I-ACT as Donating Members. A Donating Member receives a newsletter subscription, can serve on committees or advisory boards, but is not eligible to vote or serve as an Officer or member of the Board of Directors.

Enclosed is my payment of \$ _____ by **Check** **Mastercard** **Visa**

Signature _____ Today's Date _____

Cardholder's Name _____

Credit Card # _____ Credit Card (3 or 4 digit code) _____

Expiration Date _____ (Visa, Mastercard, or American Express only)

Name to appear on Membership Certificate _____

Mailing Address _____ email _____

City _____ State _____ Zip _____ Country _____

Name of Business _____

Business Address _____

City _____ State _____ Zip _____ Country _____

Home Phone () _____ Business Phone () _____ Fax Number () _____

Please tell us about yourself:

Membership in Other Organizations _____

Skills, Hobbies & Interests _____

Have you ever been convicted of a felony or other misdemeanor, please describe: _____

If you are a colon hydrotherapist, please answer the following questions:

When did you begin working as a colon hydrotherapist? _____

How many clients per week do you currently see? _____ What type of equipment do you use? _____

What complementary modalities do you use? (e.g., massage, iridology)? _____

Please describe your education and training in colon hydrotherapy: _____

I-ACT Policy Statements

I-ACT recommends the use of currently registered FDA equipment and only disposable speculums, rectal tubes, or rectal nozzles. However, should the Therapist use reusable speculums, these speculums should, at a minimum, be autoclaved for sanitation and cleanliness (30 minutes). Additionally, the autoclave unit must be tested and inspected by competent authority at least four times per year- maintain documentation. (Under NO conditions should a disposable speculum or rectal tube be reused).

I-ACT recognizes the FDA classifies equipment used to instill water into the colon through a nozzle inserted into the rectum to evacuate the contents of the colon into three distinct classes; Class I (Enema Kits), Class II and Class III are (Colon Irrigation Systems). Follow the guidelines of your manufacturer, as approved by the FDA for the type of equipment (devices) you are using. Make no claims as to the use of your device other than those approved by the FDA. The FDA requires Class II devices to be sold on or at the order of a physician or healthcare practitioner. This may be different in each state. Ensure you are in compliance with your local, state, federal and country guidelines. Ensure equipment you purchase is cleared for use in your country.

I-ACT recognizes there are two distinct types of colon irrigation systems; open and closed systems. However, it is I-ACT policy that the colon hydrotherapist / technician is always in attendance / or is immediately available to the client throughout the session. The degree of assistance is to be in compliance with the instructions of the manufacturer of the equipment as registered with the FDA, and/or as directed by a physician.

The policy on insertion is to follow the instruction of the referring physician; the guidelines of the manufacturer as approved by the FDA; or the directives from the authority of your city, county, state, or country ordinances.

I-ACT recommends that you do not put the initials (CT) for colon hydrotherapist after your name, write it out in full. According to most state laws, putting initials after your name is not allowed unless you are licensed or have a degree from an accredited professional school.

Advertising copy which states or implies that colon hydrotherapy can treat any disease, promise cure for any disease, or that makes unsubstantiated medical claims SHALL NOT be used.

Additionally, I-ACT recommends each therapist not using FDA registered equipment consider upgrading their equipment to FDA registered equipment in the very near future.

I acknowledge the I-ACT policies and agree to comply with all I-ACT policies. I understand that failure to comply with the policies listed above may result in my removal from the association.

Signature of Applicant *** required for all applications***

Date of Application

STOP!!! All applications to I-ACT MUST include a photograph for our file... by signing this application, the applicant certifies that they have read the I-ACT By-Laws and Standard Operating Procedures, Regulations and Guidelines and the statements below, and will comply with the information contained in them.

Information for all new members outside of Texas:

“Colon irrigation devices are prescription devices and their purchase must be authorized by a practitioner licensed by state law to use such devices in that state. A colon hydrotherapist must be supervised by such a practitioner to use a colon irrigation device and must have a written order on file for each procedure from a practitioner licensed by state law in the state where the procedure is to be performed.”

Information for all new members inside of Texas:

“Colon irrigation devices are prescription devices and their purchase must be authorized by a physician licensed by the Texas Board of Medical Examiners. A colon hydrotherapist must be supervised by such a physician to use a colon irrigation device and must have a written order on file for each procedure from a physician licensed by the Texas Board of Medical Examiners.”

Signature of Applicant *** required for all applications***

Date of Application

All applications to I-ACT require a sponsor. The sponsor must be a Full Member in good standing of I-ACT. No Sponsor? Contact the I-ACT Home office (210) 366-2888 for assistance.

Signature of Sponsor *** required for all applications***

Sponsor's I-ACT Membership #

Thank you. Your application will be reviewed for membership and you will be notified promptly.

Return this form with your current resume, picture, and payment to:

I-ACT, P.O. Box 461285, San Antonio, TX 78246-1285