

Disclaimer:

I-ACT neither endorses, approves, nor supports any products advertised in this Quarterly Newsletter. These advertisements are provided to the membership by each advertiser. Additionally, the readers should assure themselves that the material presented herein is current and applicable at the time it is read. The authors cannot warrant that the material will continue to be accurate. Readers should verify statements before relying on them. No statement herein shall be considered a legal opinion nor a substitute for the advice of an attorney. For the most recent and complete interpretation of laws, please consult an attorney.

I-ACT Policy Statements:

I-ACT recommends the use of currently registered FDA equipment and only disposable speculums, rectal tubes, or rectal nozzles. However, should the Therapist use reusable speculums, these speculums should, at a minimum, be autoclaved for sanitation and cleanliness (30 minutes). Additionally, the autoclave unit must be tested and inspected by competent authority at least four times per year- maintain documentation. (Under NO conditions should a disposable speculum or rectal tube be reused).

I-ACT recognizes the FDA classifies equipment used to instill water into the colon through a nozzle inserted into the rectum to evacuate the contents of the colon into three distinct classes; Class I (Enema Kits), Class II and Class III are (Colon Irrigation Systems). Follow the guidelines of your manufacturer, as approved by the FDA for the type of equipment (devices) you are using. Make no claims as to the use of your device other than those approved by the FDA. The FDA requires Class II devices to be sold on or at the order of a physician or healthcare practitioner. This may be different in each state. Ensure you are in compliance with your local, state, federal and country guidelines.

I-ACT recognizes there are two distinct types of colon irrigation systems; open and closed systems. However, it is I-ACT policy that the colon hydrotherapist / technician is always in attendance / or is immediately available to the client throughout the session. The degree of assistance is to be in compliance with the instructions of the manufacturer of the equipment as registered with the FDA, and/or as directed by a physician.

The policy on insertion is to follow the instruction of the referring physician; the guidelines of the manufacturer as approved by the FDA; or the directives from the authority of your city, county, state, or country ordinances.

Additionally, I-ACT recommends each therapist not using FDA registered equipment consider upgrading their equipment to FDA registered equipment in the very near future.

Jenny Chung, I-ACT Member # F-JY2039090, contact I-ACT No Later Than February 15, 2007 and win \$25.00	The I-ACT Quarterly Newsletter is: Printed in the I-ACT Home Office. I-ACT - (210) 366-2888
---	---

Subscribe to the I-ACT Quarterly

Yes! Please enter my one-year subscription to I-ACT Quarterly.
Enclosed is my \$25 check made payable to I-ACT.

Name _____ Business Name _____

Address _____ City _____

State _____ Zip _____ Phone _____ Fax _____

Please return with payment to:
I-ACT • P.O. Box 461285 • SAN ANTONIO, TX 78246-1285



I-ACT Quarterly

Winter
2006/2007

International Association for Colon Hydrotherapy

2	I-ACT PRESIDENT'S MESSAGE
	NBCHT PRESIDENT'S LETTER 3
5	TRAVEL REPORT - RUSSELL KOLBO
	COMMENTS FROM A TRAVELING MEMBER 8
9	PREPARING INSTRUCTOR LEVEL PRESENTATION
	TOXIC MEGACOLON (REP;RONT) 12
15	CONVENTION INFORMATION
	TALENT SHOW INFORMATION 18
18	SILENT AUCTION INFORMATION
	REGIONAL REP INFORMATION 19
21	INSURANCE INFORMATION
	WHAT'S HAPPENING IN I-ACT 21
27	REGIONAL MEETING REPORT
	REGIONAL MEETING REPORT 30
31	REGIONAL MEETING REPORT
	I-ACT POLICY STATEMENTS 32



P.O. Box 461285
San Antonio, TX 78246-1285
Phone: 210-366-2888

Fax: 210-366-2999
homeoffice@i-act.org
www.i-act.org

"Colon irrigation devices are prescription devices by federal law. A practitioner licensed by state law to use such prescription devices must authorize the purchase of the colon irrigation device, must use or supervise its use, and must order each colon irrigation for a patient."

Dear Members and Friends:

Aloha members, Cherie and I wish you all Mele Kalikimaka and Hau'oli Makahiki Hou. That is Merry Christmas and Happy New Year.

During this time, we try to slow down and spend more time with our family and friends. As we take the time to pause and remember the meaning of this holiday season and prepare for another hectic year, I find it beneficial to take time to evaluate what I have accomplished and what I still want to work on in my life or for my business.



It is a perfect time for introspection. How am I doing? How am I feeling? Have I been moving forward to help reach my goals and plans? Do I even have plans and goals? In the hustle and bustle of our day to day living, we usually don't take time to even consider these questions. However, having plans and goals for our lives is as important as having goals and plans for our business.

If we haven't set plans or goals, how can we tell if we are taking our business (or our lives) in the correct direction? We have chosen a profession that allows us the opportunity to help others, yet we know there are many therapists that don't take care of themselves. Many "givers" have trouble taking, even a little, time for themselves.

Your Board reviews the goals and plans for I-ACT each year during our January Board meeting. We evaluate how we did the previous year and set the goals for the next year. I-ACT is a living organism, made of thousands of individual members. Either we are moving forward to reach our future goals, or we are moving away from our goals. We can't simply stay in one place and not change. We are like I-ACT, either we are moving forward or backward, we can't just maintain the status quo.


Since we must change, we should have a plan of action or goals that we can work toward. That is what I am suggesting you take the time to work on during the first part of 2007. Ask yourself the question, "What do I want for myself and my business?" Then the tough part, take the time to listen to your heart for the answers. I suggest you not just write down the first thing that comes to mind, but rather allow yourself the time to listen to what is in your heart. What is it you truly want for yourself? What is it you truly want for your business?

Now that you know what you want, what must you do in order to achieve your desires (for yourself and your business)? Make a list and then identify what is the first thing that must be done. What is next? Number the items. You are almost done... now make a plan to complete the first item, and get started immediately. DON'T delay, take the first step toward reaching your goals by taking action.

You are on your way, the Board of Directors of I-ACT hope you and your family have a glorious Holiday Season, and a Fantastic, Healthy, and Prosperous New Year.

Wishing you all a wonderful Aloha.

Sincerely,


Russell Kolbo, D.C., N.D.
I-ACT Acting President, President Elect

Back Row (Left to Right) Linda Clifton, Alex Mulnar, Paul Hoffman
Front Row (Left to Right) Michelle Harter, Connie Thrush, Laura Schaaf



We were small in number, but had a great time at the North Central Regional on Saturday October 14, 2006.

I held a Sunday study group where many became members and took the level II and Level III tests and turned in qualifications for certifications. Welcome to you all!

You all should feel proud of what you've accomplished .

Also Dr. Gary Schaaf, D.C. spoke to the group on Saturday afternoon. His topic: "What we think about we attract." Let our focus for all the membership be to think about the positive changes ahead. For all who remain unified and to stay the course.

Wayne Dwyer said, "Change the way you look at things and the things you look at change."

Connie Thrush

I hosted my first New York and New England Regional meetings on November 4th and November 11th at Healthy Directions.. They were well attended and I want to thank my partners Anne Murphy and Melody Gibbs at Healthy Directions Centers for helping create the events and make many phone calls. I would also like to thank all those who attended from as far as Maine, Nantucket and New Hampshire, Diane Crosse, Janet Schaub, Nancy Small and the many others who made the effort to come to each place.

The first order of business was introductions and to go over I-ACT rules and information. Testing was done and lecture. There was wonderful food. We ate, were encouraged, learned, laughed and shared.

Irene Ankner gave a workshop in NY on reflex points pertaining to the digestive system and Imani gave a workshop in CT. on how outside toxins and eating food that is not organic affects our colon and entire digestive system. We had question and answer time. We also watched the Anatomy DVD in the afternoon. The feeling of the day was of great comradere and mutual respect and a continued desire to learn more from each other.

Thank you for giving me the opportunity to serve I-ACT.

Warmly,

Beverly Small

Regional Meeting Report from Darlene Holloway

Mid-Atlantic Regional Meeting was held on November 11, 2006 in Cary, N.C. Conducted by Darlene J. Holloway, Regional Rep. In attendance was Darlene Holloway, Sharon Fincke, Joan Geanuracos, Barbara Bock, Donna Randolph, Gabrielle Diamante, Karen Toledo, Natalie Speakman, Lois Litvin, Juliette Partridge, Sam Henderson and Angela Toplovich

Sharon Fincke was the guest speaker for the day, teaching Touch For Health, and providing us with our CEU's. Joan Geanuracos did a presentation on Advanced Anatomy and Physiology/Pathology. Donna Randolph presented a talk on The Yeast Syndrome. Karen Toldo's presentation was on A Life As A Colonic Therapist. Gabrielle Diamante gave her presentation on Weight Loss Tips and Food Additives. Barbara Bock brought her Amethyst Biomat and shared the benefits with us.

It was a great educational day.

Darlene



Regional Meeting Report from Pam Craig

Hello Everyone!

We had a wonderful I-ACT Regional Meeting here in Atlanta, GA at the Body of Truth Holistic Center on Saturday, November 4, 2006! There were 3 Very Important People who donated their time and energy to make the meeting happen. I would like to acknowledge them and express my appreciation for being so giving of their assistance and willingness to serve I-ACT. These lovely Colon Hydrotherapists are: Brenda Hafer, Dianne Maddox, and Ginger Rogers. They each shared responsibility for contacting I-ACT Members in Alabama, North Florida, Georgia, and Tennessee which are the states included in the South East Region.

Dr. Brad Gould, MD, presented a talk on "Why Stomach Acid is Good for You" He also shared his extensive knowledge on many other interesting subjects. We were so engrossed in his talk and wanted to hear more, but it was time for our delicious Body Ecology lunch to be served. R. Thomas Restaurant of Atlanta catered a nutritious and scrumptious Body Ecology meal which consisted of: Body Ecology Chicken Salad, Broccoli Fennel Soup, Millet Corn Casserole, Cucumber Sea Vegetable Salad, and Organic Field Green Salad with Body Ecology Rosemary Vinaigrette Dressing.

The meeting presented an opportunity for Testing, also 15 minute Presentations of Personal History, and one hour Presentations toward Instructor Certification requirements. The presentations were all enlightening and interesting. 3 CEU's were awarded for attending the meeting.

We had such fun at this meeting! There were 22 people from all 4 states who attended. It was great to have the opportunity to converse with fellow Colon Hydrotherapists. I want to thank all of the Colon Hydrotherapists who made the effort to attend. We at I-ACT appreciate your devotion to our cause.

Our next meeting will be on April 14, 2007! We are anticipating 30 or more in attendance! So, come one, come all!

Joy and Blessings to All!

Pam Craig
Regional Meeting Director
South East Region



not all who attended are in this picture

National Board for Colon HydroTherapy - NBCHT

National Board for Colon HydroTherapy NBCHT



11103 San Pedro, Suite 117, San Antonio, TX 78216
Office: 210-366-2888 • Fax: 210-366-2999



MEMO From the NBCHT President

From The Desk Of: Barbara Chivvis, RN
NBCHT President

12/31/2006

To: All Members of NBCHT as included in the Winter 2006/2007 I-ACT Quarterly Newsletter

I hope this letter finds you in the best of Health and ready for a Wonderful New Year.

As we prepare to close out 2006 and make things ready for 2007, our first order of business is to let you know that we are offering a special NBCHT Certification Testing on January 20, 2007 in San Antonio, TX. If you are interested in taking the NBCHT Certification exam, please fill out the NBCHT application and send it to the NBCHT Office, it may be downloaded at: <http://www.i-act.org/NBCHTinfo.htm>. You must be certified by I-ACT at the Advanced Level to be eligible.

We, the NBCHT Board, are currently reviewing our application Handbook, and our By-Laws to see if they require any corrections/changes. If you have any suggestions, please get them to us so we can ensure that we have the most up to date and accurate information available.

Next, as you can tell, our profession is growing by leaps and bounds. We have been working our way through the legal issues in Texas and other places. One way that we can help move our profession forward is through the legislative process. If you have the inclination, or know of someone that is in the legislative body of your state, please contact the office and get a legislative package. We would like to move to a point where all states have legislation similar to the legislation in Florida. If we had laws in each state, we would then have the knowledge necessary to ensure that we are practicing correctly. Without legislation all we have are interpretations. Sometimes the interpretations are in our favor, sometimes they are not.

Next, if you have any suggestions on how we can make NBCHT better for you, please let us know.

In closing, we hope all of you had a Very Merry Christmas, a Happy Hanukkah, a Glorious Kwanzaa; and, wish you a Great New Year.

Sincerely,

Barbara Chivvis
NBCHT President

LifeStream
PURIFICATION SYSTEMS

Inspiring Ideas
for Quality of Life

Quality System: ISO 13485: 2003; CE 504677; CMDCAS (Health Canada); 21 CFR Part 820 (FDA)



A portion of the proceeds from the sale of these systems goes to charitable purposes.

Angel of Water® CM-1

- For the professional colon hydrotherapist
- A Class II (prescription) medical device

www.angelofwater.com
info@angelofwater.com

**Introducing the revolutionary
Cherubum™**

- A portable lavage chair™ with enema system for personal use
- A Class I enema kit

www.cherubum.com
info@cherubum.com

Distributorships available.



Winter/Spring 2007 Scheduled Training Sessions

Come join us in our new 2600-square-foot facility in the heart of beautiful Austin, Texas.

Rocco Bruno, Head Instructor

- National Board Certified in Colon Hydrotherapy
- I-ACT Certified Instructor
- 3 decades in the fields of natural health and colon hydrotherapy

100-hour Level-One Certification Training:

Dec. 3 – 9 • Jan. 28 – Feb. 3 • Feb. 25 – March 3 • April 22 – 28

16-hour Operations Training for the Angel of Water® CM-1:

(training begins with one-hour evening presentation on the first day)
Dec. 3 – 4 • Jan. 28 – 29 • Feb. 25 – 26 • April 22 – 23

Call Toll Free 877.564.3185 today!

Ask about upcoming CEU programs.

LIBBE DOES IT ALL!

THE HIGHEST QUALITY IN SAFETY AND SANITATION

- Cabinet; Oak-Stained or Glossy Maple
- Gravity Fed or Pressure Controlled
- Ultraviolet Purification/Sterilizer
- Built In Filtration System
- Automatic Temperature Shutoff
- Odorless Vent System
- Durable One-Piece Fiberglass Seat Base (table)
- 2" Clear Viewing Tube
- LCD Timer
- Installation, Safety Reference, Operation Manuals
- Comfortable, Easy to Use and Maintain! Reliable!
- Disposable Rectal Nozzles/Tubes (size-of-pencil)

Therapist Assisted, or Operated in Privacy for Those Who Prefer Solitude.
May be used in Professional Offices or in Privacy of your Home.



**NO LEAKS!
NO BLOWOUTS!
NO ODOR!**

www.colonic.net
email: info@colonic.net

210 308-8888
Tiller MIND BODY, Inc.

Fully Registered by (FDA) 21 CFR Part 820
Caution: Federal Law (U.S.A.) restricts this device to sale by or on the order of a physician or licensed health care practitioner.



Advanced / Instructor Training

March 12, to 16, 2007 - San Antonio, Texas
3/12-13, (Monday/Tuesday 8 to 6 Advanced Anatomy & Physiology \$400.00
20 Hours - NBCHT CEUs Available - Limit 20 Students - Test Fee \$75.00

March 14, to 16, Instructor Training - 25+ Hours \$750.00
(Wednesday thru Friday) Preparation for I-ACT Instructor Presentation's
Limit 10 Instructor Trainees - Fills Fast - Enroll Early!
Pre-Register all 5 Days (Discount \$150.00) Fee \$1,000.00
Call for 2007 LIBBE Device - Level I. & II. Training Dates

Tiller MIND BODY, Inc. © Copyright 1994-2007

solicit for the Study Fund. See the following note from Sharon Fincke:

"Let's put this in perspective. It has been said that we (I-ACT) need \$480,000 to pay for a study showing colon hydrotherapy has an impact on promoting general health. Maybe, if 1000 of our 1800 members could raise or donate \$500 each that would be \$500,000. Look at it this way. It is a \$500 write off. Also it could be broken down as donating 10 sessions at \$50 / treatment (which totals to \$500). That is less than 1 treatment per month."

So, Sharon Fincke has provided a plan of action to help us raise the money we need to pay for a study which will be done by a company approved by the FDA (it will not be done by I-ACT and the only involvement I-ACT will have is to pay for the study).

During the Convention, we raised the first \$1100. We now have \$1580.00 raised for the study. Jo Kort continues to send in \$95 per month, Thank You, Jo... How about you??? Please do your part. Fill out your Donation Pledge below and mail it to the I-ACT office.

Legislative Help Sought !!!!

Do you know anyone working in a legislative capacity in your state? If so, please contact the I-ACT office so we can provide a draft Legislative Package to that individual to start educating each state so we can eventually have licensure for colon hydrotherapists in all states. Let's start a grass roots effort to move the profession forward.

Finally, if you have any questions you would like ask of the Board, or a medical question for the doctor, please send them in and we will respond in the quarterly.

If you have any questions, please contact the I-ACT office.



I Believe We Need A Peer-Reviewed Study on Colon Hydrotherapy and I Am Willing To Do My Part - Here is My Pledge:

Please use these funds only for the study.

I have included my Study Donation of \$ _____

My Offering is : Cash Check Credit Card (if credit card please fill in information)

Visa/Master Card - card number & Expiration Date _____
Credit card verification number _____ (right 3 digits on back just above the signature block)

American Express Card - card number & Expiration Date _____
Credit card verification number _____ (4 digits just above the card number on the front)

Signature required for Credit Card Transactions _____

Mail my receipt for tax deductible donation or No receipt required (circle one)

Name _____
Address _____
City, State & Zip _____

Mail to:
I-ACT
PO Box 461285
San Antonio, TX 78246-1285

This past year presented me, along with Cherie, many opportunities to travel, lecture, teach and also learn. One very exciting occasion was an unprecedented invitation to the United Kingdom, in early November, to teach the Foundation Level Class at the West of England School of Colon Hydrotherapy. We welcomed this opportunity to travel abroad to help continue the growth of colon hydrotherapy.

In addition to teaching, we had the opportunity to meet with the Association of Registered Colon Hydrotherapists (ARCH). We were gracefully hosted by members of their board at an English pub. This was the first meeting between I-ACT and ARCH, which created a pleasant opportunity to establish dialogue between the two associations. Several issues were discussed, including clarification of the legal situation in Texas, FDA equipment classification, I-ACT policies, training and education.

The ARCH board members were very appreciative for the clarification as to the overall Texas legal issue and that it was primarily a Texas generated suit. The suit that was against the Class III Study Group, I-ACT as an association, I-ACT's Executive Director and not colon hydrotherapists as individuals.

Clarification was given regarding the classification of colon hydrotherapy equipment by our FDA. The discussion also addressed why all colonic equipment is not cleared or registered by the FDA as either a Class I or Class II device.

Our discussion also included the controversy in U.K. of colon hydrotherapy versus colon irrigation. I thoroughly discussed this issue to include that the method of cleaning out the contents of the lower bowel is known by different names in different parts of the world.

There was considerable time spent discussing I-ACT's policies, training and education. Their concerns regarding our policies were not the policies themselves but rather how we monitored our members in regards to compliance to them. This concern was also extended to our levels of training at the various levels and how one proceeds from one level to the next as well as to the degree of training and length of time involved to complete the various levels. My discussion included our goals regarding continuing education and some additional requirements before beginning colon hydrotherapy training. Our tests and testing procedures were also discussed.

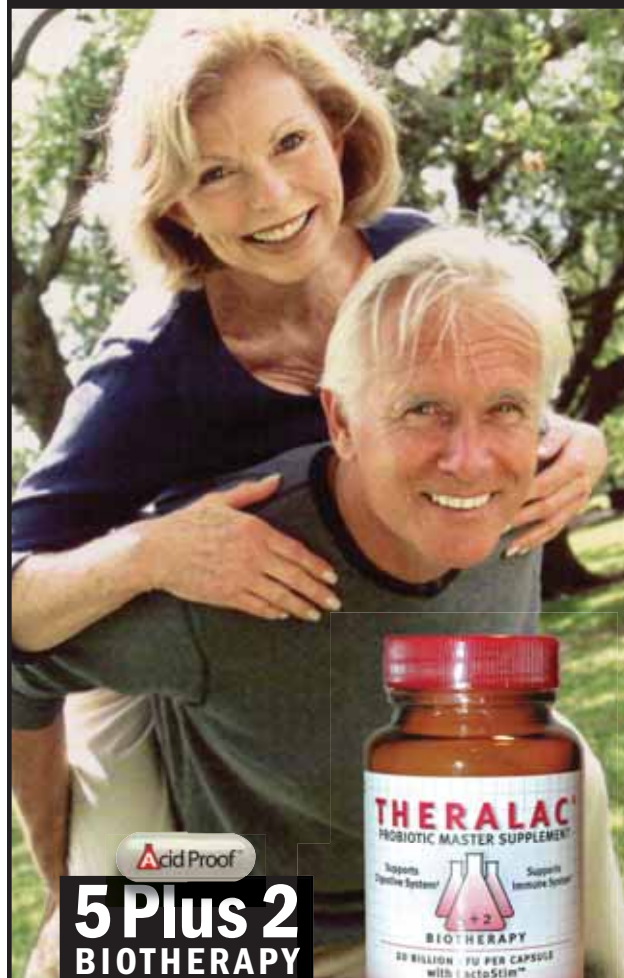
Both ARCH and I were very positive about this historic meeting and plan on having an ongoing open dialogue. I personally invited them to attend our convention in Houston, June 2007. Your attendance and support in June at the convention will be greatly appreciated as always.

Following the foundation training and the meeting with ARCH, Cherie and I toured England, Scotland, Germany and Austria. We have been invited back to Austria to a wellness hotel for the purpose of doing the Foundation Level training and help them add colon hydrotherapy to their wellness program.

Cherie and I are looking forward to further travel and training, both domestic and abroad during 2007.

Mahalo,

This ultra-potent, patented acid-proof probiotic is used by colon hydrotherapists. Because it works!



5 Plus 2
BIO THERAPY
5 Strains/2 Prebiotics
20 billion CFU/Lactoferrin & Lactostim

Theralac®

Acid Proof • Ultra Potent • Multi-Strain with BioActive Prebiotics

For more information, please visit theralac.com.
For professional pricing and ordering call 800-926-2961
Therapeutics, Inc., Victoria, MN

“ARE YOU A TOXIC WASTE SITE?”

BOOKLETS

By William T. Tiller, ND

ONE FOR \$5.00 50 FOR \$45.00
25 FOR \$25.00 100 FOR \$88.00
BEST BUY 250 FOR \$212.50
(VISA, MasterCard, American Express)

INFINITI MARKETING • Don W. Schaefer

• Off. 830.229.5577 • Fax 830.336.4771

• Cell 210.573.0696

180 Twin Canyon • Boerne, TX 78006

• don@infitimarketing.net



Happy Holidays

Frontier Colon Cleansing Products & More

THE RECTAL TUBE THAT WILL HAVE YOUR CLIENTS COMING BACK AGAIN AND AGAIN!!

\$58.00		\$48.50
PER BOX		PER 12 BOXES

1877-481-1001  www.colontubes.com

The Midwest Regional Meeting was held October 29, 2006 in Chicago, Ill; hosted by Dorothy Chandler, Regional Rep. Pamela Hannah RN, a Red Cross CPR Instructor provided on-site CPR instruction complete with mannequin practice for the members attending. Eight members completed all requirements are are card carrying Basic Life Support trained.

We had a very upbeat and energetic meeting. Our instructor candidate, Gail Ulbert gave an excellent presentation on the digestive system which included food combining and information on fermented vegetables. Crystal Smith completed Level 1 testing and Laurean Millonzi completed Level 3 testing.

A special thanks to my husband Milton Chandler, Pam Hannah, Grace Melby, Gail Ulbert, Peggy Williams for all the help & encouragement provided. Thanks to all of the members who attended and continue to be active in our association.

Front Row (Left to Right) Grace Melby, Crystal Smith, Becky Antoine
Middle Row (Left to Right) Gail Ulbert, Laurean Millonzi, Pamela Hannah
Back Row (Left to Right) Milton Chandler, Ania Tyczynski, Kathleen Phillips, Peggy Williams, Dorothy Chandler, Carol Prill



Integrated Healing Systems Using Enzymes

With Julie Laufer, ND, CMT, CCT, IIPA Practitioner

Make Colon Hydrotherapy work even better for you and your clients. Julie Laufer, a certified colon hydrotherapist, will teach you how colon hydrotherapy, enzymes, and iridology work together to produce amazing clinical results.

In this seminar you will learn:

- How and why plant enzymes work
- Which specific plant enzyme formulations to recommend to your clients
- The three iris types and the common health complaints associated with each type
- Enzyme deficiencies common to each iris constitution
- How to manually assess the underlying source of stress in the body
- How to properly nourish, digest, and eliminate in order to maintain homeostasis

*Dates and Locations:

November 4-5, 2006 - Chicago, IL
 January 27-28, 2007 - San Francisco, CA
 April 28-29, 2007 - Dallas, TX
 June 23-24, 2007 - Denver, CO

Presented by **TWENTY-FIRST CENTURY NUTRITION®**

*Must be a health care practitioner in order to attend this seminar. Visit www.enzymeformulations.com or call us at 800-614-4400 for more information.



Specialty Health Products
 Manufacturer of the Hydro San Plus

CELEBRATING
20 YEARS OF EXCELLENCE



Model A System

HYDRO SAN PLUS SYSTEMS
 for professional colon therapy

Specialty Health Products, Inc.
 21636 N. 14th Ave., Suite A-1, Phoenix, AZ 85027
 Phone: 623-582-4950 • Fax: 623-581-8724
 For more information visit us at www.shpinc.net

ISO 13485-2003 Certification #: A000-16007-1 05/17/05



Comments from a Traveling Member

As a member of I-Act and always with a touch of the Nancy Drew in me, I wanted to see what the famous Dr. Yong was like so I decided to travel to Singapore / Hong Kong and Malaysia to see how the field of colonic hydrotherapy operated in different waters

Singapore is such a wonderful place that I hardly imagined anyone would need a colonic, as health and hygiene come across very clearly in the vibrancy of the people
Meeting Dr. Yong was a memorable experience, the man exudes wisdom that you imagine the likes of Gandhi might have resonated and his kindness and willingness to offer me opportunity and knowledge was so giving and loving that one could only wish there were more people like that on the planet

In Malaysia I met a wonderful pharmacist in Johor called Josephine who was passionate about starting up her own business, but was finding it difficult to work with family commitments – I hear shouts of YES we know as women all over the world do hands up back to me (energetically I can feel it). In Kuala Lumpur I discussed employment issues and the new wonderful legislation brought in by the Ministry of Health in Malaysia to regulate complementary therapies with Brian Wong who runs Pure Health an open system clinic with his wife Wendy who would appear to be doing really well.

www.msct.org.my

I hasten to add that Dr. Yong uses the closed system and I had a colonic there. My God I am a useless client, I was so nervous, I don't think I can ever look him in the eye again! If you read this Dr. Yong I would like to think I have now taken my stagnation level down to a 5-6! - despite the odd bag of fries and cornet-tos a weekly treat –ok sorry I am woman, all encompassing, and snack attacks are allowed! Right sisters!

Hong Kong –I love that city, I had a lovely time visiting the very dynamic couple @ Mind Body Christina & Jeff – a married couple who jointly run the venture. The company again offers clients in Hong Kong the open system. I had never used this system before, and in Hong Kong its very popular due to the busy (hen mang) - philosophy, there is no time for chatter – they just basically want to get on with it, and out the door to DO some more ! No matter how busy, the atmosphere was very relaxed, the rooms clean and professional, and they offered me a smartie of pro- biotic and a smile after. I did think I had just had a baby, I must say having never experienced an open hydrotherapy session for the first time can be quite an experience, if not somewhat empowering, as long as your brave enough to let go and relax !

It is wonderful to see our profession all over the world – giving people new energy and motivation to carry on with life in a vibrant way, clear in mind and body. I feel blessed to do this work and will always dedicate a large part of my life to the detox process both psychologically and physically – I thank I-ACT for giving me this path, and I will honour it always

Blessings
Nadette Baker
Full Member – I-ACT Colonic Hydrotherapist
createenergy@yahoo.com

Advertisement

Guaranteed Relief!

Eliminating waste is your bodies biggest challenge.

Complete elimination means **less bloating, waste loss** and relief from **constipation & hemorrhoids.**

“The Simple Solution for
Healthy and Complete Elimination”

Benefits of the HealthStep® :

- ⇒ Makes elimination faster, easier and more complete
- ⇒ Reduces stool transit time
- ⇒ Eliminates stressing and straining to have a bowel movement
- ⇒ Lessens pressure in anal and rectal veins, thereby preventing and even curing hemorrhoids
- ⇒ Improves the ease and efficiency of emptying the bowel.



**It was a pleasure to meet you all at the I-ACT show.
Thank you for seeing the value of our HealthStep
for you and your clients.** Monica Eve Jones, LAc,-Founder

**Call Today for this Special Offer!
Four HealthSteps for \$139.95 plus S&H**

Developed by Medical Professionals...Used by everyone!

Offer the HealthStep® Complete Colon Care System, a perfect complement to the services you provide. Your patients will continue reaping benefits from your services long after they leave your clinic.



HealthStep®
By Ginacor, Inc.

www.healthstep.com

1-800-305-8932

Regional Meeting Notices

*Mid South Eastern Regional Meeting • Saturday, January 27, 2007
at Natural Body Institute, 3115 JFK Blvd., North Little Rock, AR 72116 (501-664-8200)
Contact Trish Craig, 501-664-8200*

*Northern California Regional Meeting • Sunday, February 25, 2007 (9:00 AM - 4:00PM)
at the Fort Mason Center in San Francisco - Stay posted for details
Contact Anne Miller 415-563-6630 or anne@bodyharmony.com*

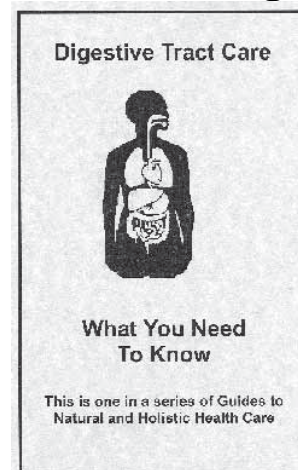
*Southeast Regional Meeting • Saturday, April 14, 2007
at the Hampton Inn - Perimeter Center - 769 Hammond Drive, Atlanta, GA 30328 404-303-0014
Contact Pam Craig, 404-255-7755 or BertieVann@aol.com*

*NorthNorthEast Regional Meetings
• Sunday, April 22, 2007 - In NY
• Sunday, April 22, 2007 - In CT
Contact Beverly Small, 212-496-8702 or 860-570-0100*

*Midwest Regional • Sunday May 6, 2007
St. Louis, Missouri; - Finalizing site arrangements now.
Contact Dorothy Chandler, 312-225-5353*

Advertisement

Announcing



- **The book that educates clients to the importance of Digestive Tract Care**
- **See an increase in the number of new patients**
- **Pricing \$1.50 per book.**
- **Free shipping & handling on orders of 100 or more**

Medsker Publishing, 106 N. Creek Dr., Quinby, SC 29506, 843-669-5794

Preparing an Instructor Level Presentation

By Lila Reader

Revised Reprint of Preparing an Instructor Level Presentation by Lila Reader

In the process of becoming an I-ACT certified instructor you are required to demonstrate 4 hours of teaching. It can be a challenge in several areas such as choosing a topic, preparing a lesson plan and public speaking. Individuals pursuing this path come from many different degrees of experience and must find within themselves the organizational skills to accomplish the end goal of Instructor Level.

This article will be an overview of the elements to success with focus on presenting at an I-ACT Convention. It is not meant to be all inclusive but will identify important areas of preparation.

I would suggest reviewing all the informational materials that I-ACT has regarding instructors and schools. This task will familiarize you with the depth of what you are working towards. Materials include the certification requirements (membership application package), foundation level syllabus, By-Laws, Standard Operating Procedures, NBCHT Book and NBCHTCEU application. These documents can be found on i-act.org or by contacting the I-ACT office directly.

After completing your research on becoming an instructor you will need to identify the times and locations for you to do your presentations and plan on attending the I-ACT Convention that will facilitate your completing at least one hour of presenting as required. The I-ACT Board and Educational Committee strongly recommend that you complete three hours of presenting at an I-ACT recognized school or Regional Meeting prior to presenting at the convention.

Preparation

Choose a topic related to the foundation level syllabus and develop this as a module that will become an integral part of your colon therapy course. I have actively used two of my presentations as part of my teachings that grew from one hour presentations to 8 to 10 hours of lecture and hands on practice.

Start with an outline of your thoughts and expand on them as you gather information. There is a lot of information already available and I would suggest you could pack-

age it in a creative way that reflects your knowledge, ideas and experience. Your end result at this stage may resemble a list or even a term paper that will get broken down into pieces. Keep a note pad available as ideas come to mind so you can write them down and identify where they fit into your teaching if applicable.

Decide what kind of audio visual aids you will be using; overheads, power point, handouts, video clips, hands on demonstration etc. When determining what information goes on the slides, use the visual aid as a guide for when you are presenting, limiting each slide or overhead to no more than four lines with some bullets. Your handout can include more detailed information. This will encourage you to pull the information from your knowledge base rather than reading it off a screen. It has been my experience as an evaluator that presenters may fall into the trap of reading their material and even turning away from the audience which breaks your connection to them.

When organizing your information I will give you advice I received at one time. In the introduction tell them what you are going to tell them, then tell them, then tell them what you told them (summarize).

Write out the introduction of yourself: name, where you are from, professional experience, years in the profession etc.

Practice

As I mentioned above, you want your presentation to be something that you own and develop as part of your curriculum. In order for you to be able to draw out the information from your knowledge base it is crucial that you practice, practice, and practice. When you practice there is a degree of memorization involved especially if some or all of the information is new to you. You may not be expert at memorizing all of your presentation, I strive for that, and will use my notes if I veer off track to make sure I have included all the points that were important to make.

Occasionally referencing your notes can help the flow of your presentation; however you will lose your audi-

Continued on page 14



Aquanet EC - 2000™

Colon Hydrotherapy Instrument

With Advanced APST™ Technology!

Pressure and Gravity Treatments within One Unit



- ✓ **Dual Operation Mode**
Gravity & Pressure in One Unit!
Can be switched at any time during treatment to accommodate patient's level of tolerance and sensitivity.
- ✓ **Fully Integrated Disinfection System**
Dual operation mode for waste pathway and complete unit.
- ✓ **APST™**
Applied Pressure Sensing Technology
Automatically senses the resistance pressure in the colon and adjusts the water flow appropriately. This provides the most comfortable and effective treatments.
- ✓ **Automatic Temperature Control**
Thermostatic precision valve lets you set desired temperature.
- ✓ **Precision Flow-Control and Flow-meter**
Increased Therapist control during treatments.
- ✓ **3 Stage Water Purification System**
Double Filtration (sediment & carbon) plus Ultra Violet Sterilization. Filtration expandable depending on local water conditions. Filter change indicator. Built-in UV operating monitor.
- ✓ **Wide Angle View of Waste Pathway**
With Full Spectrum Lighting allows for easy viewing of expelled Material.
- ✓ **Comes With All Hoses and Fittings**
All fittings necessary for installation.

Contact us to find out about special offers and leasing options

CD's and Videos available

PPHIC is fully certified to the following standards:
ISO13485:2003, ISO9001:2000, CSA, CE, 93/42/EEC

PPHIC Corporate Office:
8-145 Riverside Drive
North Vancouver, BC
V7H 1T6
Canada

Toll Free in North America:
1-800-223-9374
Local and International Calls:
(604) 929-7019
Fax: (604) 929-7142
E-mail: health@thecolonet.com



www.thecolonet.com

Toxygen® Model BSC-UV

Colon Hydrotherapy System



Dotolo Research is ISO 9001, ISO 13485, EN 46001 Certified

- Patented Built-In Multi-Stage Water Filtration System
- Built-In Cleaning and Disinfection System
- State-of-the-Art Ultraviolet Sterilizer
- Electronic Timer
- Full Spectrum View Tube Light--Rated for 10,000 Hours
- Professionally Produced Instruction and Installation Videos
- Installation, Instruction and Safety Manuals
- CE Marked

Safe & Effective ♦ Easy to Use, Clean & Maintain

DOTOLO RESEARCH
Defining the Standard Since 1984

2875 MCI Drive
Pinellas Park, FL 33782
1-800-234-8458
Fax (727) 217-9500

www.dotoloresearch.com
info@dotoloresearch.com

10199 W Van Buren, #10
Tolleson, AZ 85353
1-888-DOTOLO-1
Fax (623) 936-3505

Internal Environment Institute
 Internal Wellness and Colon Hydrotherapy
 University of Natural Medicine Approved



Advanced Colon Hydrotherapy Classes
 Preparation for Level II and III I-ACT Test
 2/5/2007 - 2/10/2007

France Robert - NBCHT CEU Provider
 50 hours/5 Days \$625

- | | |
|-------------------|--|
| Unit 1 (14 Hours) | Anatomy & Physiology (Advanced)
1. Digestive System Review
2. Human Anatomy and Physiology Studies II
3. Gastroenterology Studies II
4. Pathology Studies I
5. Cardiovascular System & Digestion |
| Unit 2 (10 Hours) | Intestinal Toxemia
1. Toxicology & Detoxification Studies I
2. Nutrition Studies II
3. Additives Therapies |
| Unit 3 (18 Hours) | Advanced Colon Therapy
1. Advanced Colon Therapy Techniques
2. Student Demonstration of Colon Therapy Session/Exam
3. Question and Answer |
| Unit 4 (8 Hours) | Studies/Homework
1. Nightly Homework
2. Daily Test (each morning) |

Internal Environment Institute
 France Robert – NBCHT CEU Provider
 JANUARY TRAINING AT: SOLIC WELLNESS - EDMONTON ALBERTA, CANADA
 SANDY FISCHER - 780-488-1552
 Tel. (760) 242-7651 Fax (760) 242-0749
 Email: ieischool@verizon.net
www.ieihealth.com

pH Miracle Water for Healing !!
Change Your Water – Change Your Life!



WONDERFUL
TASTING
OXYGEN-RICH
WATER

ANTI-OXIDANT
WATER

WATER WITH
NO FREE RADICALS



FACT: An alkaline balanced body does not create an environment for viruses and bacteria to live. Thus, bacteria or viruses will not enter an alkaline body and grow into a SERIOUS DISEASE.

Kangen-Alkaline Water:

- Is endorsed by World Renown Colon Specialist and inventor of the Colonoscopy, Dr. Hiroshi Shinya. He uses the water for various treatments and states: a clean colon is one of the most important precursors to good health and that up to 90% of bodily ailments and diseases originate in an acidic and dirty colon. Kangen water has proven to clean, heal, and maintain a healthy colon.
- Is used throughout the world in hospitals with miracle healings reported.
- Athletes experience accelerated recovery, increased speed, better flexibility and enhanced performance.
- Increasing your body's alkalinity leads to rapid **WEIGHT LOSS**.
- Increasing your body's alkalinity leads to miracle improvements for **DIABETICS**.

"Ionized alkaline water has been the major contributor to my surviving cancer and regaining my good health." ... Dave Perkins, Terminal Cancer Survivor
Do your due diligence, your life and your families depends on it!

24/7
 info call
 512-505-6833

www.aquamiracles.com
 (732) 901-8736

**Colon Hydro Therapy business/
 equipment for sale.**

Like new Hydro-San colonic machine only two years old. Includes 3 stage ultra violet water filter system. The business is located in Boulder City, Nevada, just south east of Las Vegas, Nevada. For more information call Anne @ 702-294-1527

Colonic Therapist wanted
 for busy office.

Contact Jennifer Miller at

A. Sirine Institute of Health and Beauty,
 325 S. Orlando Avenue, Suite 3, Winter Park, FL 32789,
 407 645 4949
sirine_institute@yahoo.com.

For Sale

Portable Cherubum Lavage chair with enema system for personal use.
A class 1 enema kit. \$500.00
Contact Info: 323 627 6480
janie.chapman@sbcglobal.net

For Sale:
Dotolo Toxygen Model BSC-UV

\$4200.00 obo
 Low hours. All hoses. Brand new carbon and particle filters. Also have a case of disposable speculums available, as well as underpads and paper sheets. (Possible delivery to Western Washington location with cabinet to hide plumbing)
Inner Cleanse
Port Angeles, WA (360) 461-9053

Toxic Megacolon

A 66 year old chronic schizophrenic who lived in a nursing home was brought to the emergency department with the chief complaint of constipation, along with diffuse abdominal pain and shortness of breath. His nursing home records indicated that he had a vigorous appetite, despite not having had a bowel movement for more than a month.



Within minutes of presentation, the patient became lethargic and unresponsive and was subsequently intubated. His rectal temperature was 102°F, and his white blood cell count was 22,000/mm³. He had a ventral hernia, his abdomen was extremely distended without bowel sounds, and a plain film of the abdomen revealed absence of air in the right colon. In the operating room, a large, ischemic, dilated loop of bowel was removed. The patient died 3 days later of fulminant sepsis.

Submitted by Carl K. Hsu, MD, Chief Resident, Mount Sinai School of Medicine Integrated Residency in Emergency Medicine at Beth Israel Medical Center and Elmhurst Medical Center, New York

Reprinted from Hospital Medicine (ISSN 04411-2745) (GST128741063) (IPM0607827). December 1995, Copyright 1995 by Excerpta Medica, Inc., New Jersey 08502, by Quadrant Healthcom, Inc.

Insurance Information

Professional liability insurance.

We have previously notified you of a company called HPSO Healthcare Provider Service Organization - their number is 1-800-982-9491. They have colon hydrotherapy listed in an unusual category, just ask for an amendment to identify your insurance coverage as colon hydrotherapy.

Another company, CM&F will write liability insurance for colon hydrotherapists - call 800-221-4904.

In Canada, try Lloyds of London. In the UK, try Balens Insurance Brokers at 01684 893006.

Check around and choose the best policy for you. As other options become available, we will let you know. If you hear of anything let us know.

Additional Information / Help Requested

Please Read - Important

Looking for I-ACT member who is an American Red Cross instructor willing to host a CPR class at the convention. Please contact Dorothy Chandler by email: chandershealth@yahoo.com

For All I-ACT Instructors and Schools - I-ACT recommends you purchase and use this DVD series - Thank You Dorothy Chandler for finding this for all of us!!! - It is Fantastic!!! -

ANATOMY & PHYSIOLOGY DVD SERIES

Contact Chris A. Jezowski

Catalog & Special Sales Manager of Wolters Kluwer Health
4711 Golf Rd Ste. 650 - Skokie, IL 60076
847.745.7452(phone) --- 847.674.0211(fax)
NEW Email: chris.jezowski@wolterskluwer.com

What's Happening Inside I-ACT

Update and New Information

Finally, we have something specific to provide to you on the legal actions in Texas. Judge David Evans finally signed the Final Judgement. We provided you a copy of the judgement in the last quarterly. As we told you in the last quarterly, Potts & Reilly filed an appeal to the Texas Supreme Court. It is our contention that the judgement violates our constitutional rights as a non profit organization to have free speech. As always, we will let you know the outcomes of the actions as we find them out.

While we wait for that next decision, we will do everything we can to be in compliance with the directives of the Judgement by Judge Evans.

The I-ACT office, and the Board are continuing to review

our document to ensure that we are in compliance with the Judges rulings. We continue to solicit your inputs and assistance.

In the meantime, it is important that you continue to be vigilant and follow the laws of your state and the directions of the manufacturer of your equipment.

We are still soliciting your assistance in getting donations to help our ongoing efforts in the legal arena. Legal expenses continue to build up and we are very appreciative of your efforts to help in this regard. However, at the Convention, many of you requested we set up a fund so we can pay for a study on the value of colon hydrotherapy. With that in mind, this month we are continuing to

Continued on page 28