



I-ACT

International Association for Colon Hydrotherapy

Quarterly
Spring 2020

SPRING IS HERE

and so is Covid-19

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For the most recent and complete interpretation of laws, please consult an attorney.

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I-ACT Policy Statements:

I-ACT requires the use of currently registered FDA equipment and only disposable speculums, rectal tubes, or rectal nozzles. However, should the Therapist use reusable speculums, these speculums should, at a minimum, be autoclaved for sanitation and cleanliness (30 minutes). Additionally, the autoclave unit must be tested and inspected by competent authority at least four times per year- maintain documentation. (Under NO conditions should a disposable speculum or rectal tube be reused). Individuals that use reusable speculums and/or are not using FDA registered devices will be removed from I-ACT membership on 12/31/2018.

I-ACT recognizes the FDA classifies equipment used to instill water into the colon through a nozzle inserted into the rectum to evacuate the contents of the colon into three distinct classes; Class I (Enema Kits), Class II and Class III are (Colon Irrigation Systems). Follow the guidelines of your manufacturer, as approved by the FDA for the type of equipment (devices) you are using. Make no claims as to the use of your device other than those approved by the FDA.

The main differences between Class I and Class II devices:

The code of federal regulations CFR 876.5210 & 876.5220 describe the differences between the Class I and the Class II devices. From that regulation, a Class I device is an enema system and does not include "colonic irrigation devices". A "colon irrigation device" is a Class II device, which in part is described as: "The system is designed to allow evacuation of the contents of the colon during the administration of the colonic irrigation.

The Class I Device:

- The Class I device is defined as an enema system and may not have temperature control, temperature gauges or water purification as part of the device. Class I enema systems must be self-administered.
Manufacturers of Class I devices are not required to have third party oversight as they need not comply with the good manufacturing practices and record keeping that are required of Class II manufacturers. Class I devices are not as heavily regulated and controlled by the FDA as Class II devices are.
Owners of Class I devices may not market their service using the terms "colonics or colonic irrigation" in describing the scope of their practice of evacuating the contents of the lower bowel.

The Class II Device:

- The Class II Device is a "colonic irrigation device".
Manufacturers of Class II devices are required to have third party oversight and must comply with the good manufacturing practices and record keeping that are required by the FDA. Class II devices are heavily regulated and controlled by the FDA.
The FDA requires Class II devices to be sold and used on or at the order of a physician or health care practitioner. This may be different in each state.

Although I-ACT is not aware of any laws that preclude you from assisting an individual with an enema, I-ACT does want you to consider upgrading your equipment to the equipment that provides the greatest safeguards to the public. In this profession, that would be equipment marketed as Class II devices.

Remember that I-ACT strongly recommends that all I-ACT members use FDA registered Class II devices or devices equivalent to Class II devices regulated by the appropriate agency in your country. Only individuals using FDA registered equipment will be placed on the I-ACT Web Site. As of 12/31/2018, only individuals that use FDA registered devices may be I-ACT members. Purchase equipment at your own risk. Ensure you are in compliance with your local, state, federal and country guidelines. Ensure that equipment you purchase is cleared for use in your country.

I-ACT recognizes there are two distinct types of colon irrigation systems; open and closed systems. However, it is I-ACT policy that the colon hydrotherapist / technician is always in attendance / or is immediately available to the client throughout the session. The degree of assistance is to be in compliance with the instructions of the manufacturer of the equipment as registered with the FDA, and/or as directed by a physician.

The policy on insertion is to require the client to insert the rectal tube or speculum; or, follow the instruction of the referring physician; the guidelines of the manufacturer as approved by the FDA; or the directives from the authority of your city, county, state, or country ordinances.

I-ACT recommends that you do not put the initials (CT) for colon hydrotherapist after your name, write it out in full. According to most state laws, putting initials after your name is not allowed unless you are licensed or have a degree from an accredited professional school.

Advertising copy which states or implies that colon hydrotherapy can treat any disease, promise cure for any disease, or that makes unsubstantiated medical claims SHALL NOT be used.





Dear Members,

We hope that you and yours had a safe and staying Healthy during this unprecedented pandemic caused by the Coronavirus, Covid 19.

I want to reiterate the information that has been sent from the Board:

As we have listened to the news and followed what's happening in the world due to COVID-19, there are many varied stories and scenarios that continue to unfold. This is the most rapidly changing event of our times, and it leaves people with much uncertainty. While I-ACT has nothing in our bylaws, policies and procedures, or standards for professional ethics to address these rapidly evolving times, we want each and every I-ACT member to know that we are here to help guide you to make the decisions that are right for your situation.

The I-ACT Board of Directors encourages each and every member to follow your state, county and city guidelines as they relate to COVID-19 emergency procedures. If you are not sure what these are, call your state, county or local officials and ask questions.

If your colon hydrotherapy business remains open, we suggest the following guidelines:

Maintain high standards of health and sanitation as mandated for I-ACT members. We encourage you to disinfect before and after each session with extra care. Be sure to wipe down all surfaces, including counter tops, door handles, faucets, sinks, toilets, credit card machines, water stations, retail shelves, doors, etc.

Tell your clients what measures you are taking to be proactive. Put a sign at your front desk, send a message to your clients, use a phone script, whatever way you can to let people know what you are doing.

Encourage people to follow CDC guidelines. These can be found on the Center for Disease Control web site. Be sure to remind clients to be safe and smart - in other words, use common sense - and remain home if they are not feeling well or may have come in contact with the virus.

Remind people to not panic. It is a proven fact that higher levels of stress invite disease, so tell people to remain calm and carry on. Be cautious, be aware, and be safe; these are the best ways to stay well.

Additionally, if your colon hydrotherapy business remains

open, we encourage you to always follow the I-ACT policies.

- We suggest you use a forehead thermometer to check your client's temperature when they arrive at your clinic. Any client with a temperature above 100.4 should be referred to a health care facility.

- The use of a mask is at the discretion of the Therapist, when in doubt, protect yourself. Remain with your client during each session.

Use only disposable speculum kits and rectal nozzles.

- Wear gloves during each session.
- Disinfect your device(s) and sanitize your facility following manufacturer guidelines.

We are all in the same boat, but we have a community to help us get through. There is no one way to handle the current situation other than to remind each and every I-ACT member to stay positive, safe, aware, and as proactive as possible.

We will continue to hold each of you in prayer, and we will update you as necessary. We want you to know that you are supported when you follow guidelines set forth by the Association. The I-ACT office and members of the board are here to answer any questions you may have.

We hope this is of value and pray that this situation will have a quick resolution. Also, you can watch a video from Tiffany, Here is a short video on the CoVid 19.

Touch here to watch the Video: <https://youtu.be/nBCtreo-sAg>

Thanks for your patience.

As before, be at Peace, and try to operate from a perspective of Love and Sharing... remember you are loved and you are valuable.

Lastly, we are continuing to monitor the situation as it may impact our convention. Update, at the I-ACT Board Meeting on April 13, 2020, it was decided to cancel the 2020 Convention as a result of the CoronaVirus Pandemic. We will let you know when the next convention is scheduled.

As I close this letter, I want you to know that I remain excited about our future. I look forward to serving you.

Thank you,

Tiffany Jablonski

I-ACT President



National Board for Colon HydroTherapy NBCHT

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From The Desk Of: Bekki Medsker, ND, D.Ch.
NBCHT President

To: All Members of NBCHT

We hope this letter finds that you and yours are safe and healthy in spite of the Coronavirus CoVid 19 pandemic.

This is a time for concern; however, as a National Board Credentialed individual, you have the knowledge to safely make it through this pandemic.

Remember, if you are still accepting clients, we recommend you follow the guidelines of I-ACT, the manufacturer of your equipment, and the directives from your City, State, Municipality or Country. Wash your hands regularly, and always disinfect the equipment and your facility in accordance with the guidance of your manufacturer. We suggest you check each client with a forehead thermometer to ensure they do not have a temperature over 100°.

Protect yourself and your family. Many anecdotal reports show that high doses of Vitamin C have been found to reduce the severity of the symptoms if you do get infected with the virus.

As things have slowed down, this may be a perfect time for you to consider taking the NBCHT credentialing exam. If you are at the Intermediate Level and above, you are eligible to take the new NBCHT Exam. We hope you all understand that as a practicing Colon Hydrotherapist, you should be able to pass the new NBCHT exam. The new exam is an "entry level" exam.

Have faith in yourselves and believe you know what you are doing, then register and take the new exam.

There is a big difference between being NBCHT Certified and being NBCHT Credentialed. Only those that have taken the new exam can say they are NBCHT credentialed.

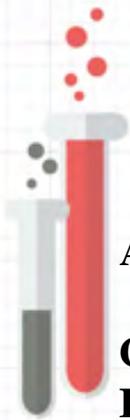
As a reminder, the NBCHT has new CEU requirements that are officially in effect. You must get 12 CEUs every year. They can be received at the convention (but attendance at the convention every year is not required); however, if you do attend a convention you must turn in the CEU sheet verifying you attended a minimum of 12 CEUs during the convention. Additionally, you will maintain your CEU verification documents and provide them to the NBCHT only if you are asked to provide the verification. The NBCHT Board will randomly select individuals to verify their CEU completion. If you have any questions about your CEU requirements for this year, please contact the NBCHT Office. (210-308-8288).

Thank you for doing your part to help us grow our Association and our Profession.

Sincerely,

Bekki Medsker

*Bekki Medsker, ND, D.Ch
NBCHT President*



SCIENTIFIC INSIGHTS

Research for Educational Purposes by Mark Buse

April 2020

COVID-19 and the G.I. Tract – It's NOT Just About the Cough, Sore Throat and Fever!

New research now shows that some stomach and lower G.I. symptoms are a symptom of the COVID-19 – leaving health care professionals totally baffled that some of the infected could be slipping through the medical cracks. The CDC website and in White House Press Conferences, medical professionals list symptoms of fever, dry cough, excessive mucous and shortness of breath appearing 2-14 days AFTER exposure to the virus. The concerning factor is that digestive and gastrointestinal symptoms ARE NOT currently mentioned or even alluded to.

The first patient in the United States diagnosed with SARS-CoV-2 infection reported two days of nausea and vomiting before presenting to the hospital, and had loose bowel movements while in the hospital. Both stool and respiratory specimens from the patient tested positive for SARS-CoV-2, the authors said.

The small but growing body of clinical evidence indicates the digestive system may serve as an alternative route of SARS-CoV-2 infection in addition to the respiratory tract, they stressed, adding that “clinicians should be careful to promptly identify the patients with initial gastrointestinal symptoms.”

Say you have a fever and have had a few days of diarrhea, but no shortness of breath or a dry cough. You haven't traveled or been in contact with anyone who has tested positive for COVID-19. Should you be tested for the novel coronavirus?

Latest research out of Wuhan, China, suggests you should. In a study published online by the American Journal of Gastroenterology – March 2020 – found that more than half of patients who tested positive for COVID-19 at Wuhan hospitals actually showed up worried about digestive issues, and not the symptoms we have learned are the tell-tale signs of the global pandemic.

These new findings could have major implications for the medical community if it means a great expansion in the number of patients tested for COVID-19.

“If you think it's just a cough, it's not,” says Brennan M.R. Spiegel, MD, the co–editor-in-chief of the American Journal of Gastroenterology. “This study confirms that. If someone

shows up in the emergency room with new onset diarrhea and fever, nausea, bloating, and abdominal pain, that patient should be tested and quarantined, not turned away or allowed to sit among the general population in the waiting room.”

In the study, doctors from the Wuhan Medical Treatment Expert Group for COVID-19 looked at 204 patients with the virus in three different hospitals. In 50.5 percent of the cases, the patient arrived at the hospital to complain about loss of appetite, diarrhea, vomiting, or abdominal pain. A handful of cases only had digestive symptoms and no respiratory symptoms.

A pattern emerged where patients with digestive issues took a couple of days longer to go to the hospital, likely not suspecting that they were infected with the novel coronavirus.

“This is a very important point,” says Dr. Spiegel. “You’ve got this new virus around, why would you not go to the hospital right away? The authors speculate that since the patients didn’t have the pulmonary symptoms that would drive them to go, they only went when the digestive issues became unbearable.”

“Then, when they finally went to the hospital and were asked what brought them, they answered, ‘I’ve had no appetite for a week. I can’t eat. I feel terrible,’” says Spiegel. “They did not complain of a cough. They did not complain about shortness of breath. They did not complain of what we have been told to look out for with this new virus.”

Most patients in the study could not remember coming into contact with someone who had the virus, but the virus did attack them harshly, leading to extended hospital stays that averaged over two weeks. Nearly 35 percent were still in the hospital when the study ended, and about 18 percent of the patients died from COVID-19.

Patients who showed up complaining about digestive issues saw their initial symptoms worsen as the virus grew stronger, which is the opposite of what happens with most stomach bugs. They were also far more likely to suffer liver damage than patients who did not have digestive symptoms.

“That’s troubling,” says Spiegel. “Not only because the liver creates immune system factors that help fight infections, but also because the virus is attacking the same receptors in the GI tract that are in the lungs.”

The authors of the study say there is a clear takeaway for doctors and nurses trying to contain and treat the outbreak: “Clinicians should recognize that digestive symptoms, such as diarrhea, may be a presenting feature of COVID-19, and that the index of suspicion may need to be raised earlier in at-risk patients presenting with digestive symptoms rather than waiting for respiratory symptoms to emerge.”

Spiegel seconds their conclusion, noting a disturbing pattern in the United States of people turned away and denied tests because their symptoms do not align with the current thinking about COVID-19.



And yet, restraint is necessary. If everyone with a bout of diarrhea rushed off to the ER, it would overwhelm the healthcare system and help nobody. Spiegel advises close monitoring of symptoms. “If you have a fever, loss of appetite, diarrhea that won’t go away, and known contact with someone who tested positive, you should act as if you have it, too, and self-quarantine.”

Closing Insights:

Altogether, data to date suggests that many efforts should be made to be alert for the initial digestive symptoms of COVID-19 for early detection – diagnosis – isolation – intervention.

As colon hydrotherapy professionals, it’s now more vital than ever to ask questions regarding symptoms before you agree to schedule a client for therapy as you could be putting your entire office and family at risk!

AND...for expert information as to how long the COVID-19 lives on various surfaces, click the link for the latest scientific research:

<https://www.sciencealert.com/here-s-the-expert-advice-on-which-cleaning-products-to-use-against-coronavirus>

AND...read the following article about how scientists have proved the virus survives for five days on your shoes:

<https://www.dailymail.co.uk/femail/article-8153619/Infectious-disease-specialists-warn-COVID-19-survive-soles-shoes-five-days.html>

Selected Resources:

www.webmd.com/lung/news/20200319/about-half-of-covid-cases-show-digestive-signs-gi.org/media/covid-19-and-gi/

www.idse.net/Emerging-Diseases/Article/03-20/GI-Tract-Possible-Route-of-Transmission-for-COVID-19-/57537

www.managedhealthcareexecutive.com/news/not-just-cough-digestive-problems-may-also-be-symptoms-covid-19

www.medpagetoday.com/gastroenterology/generalgastroenterology/85471

Healing & Water

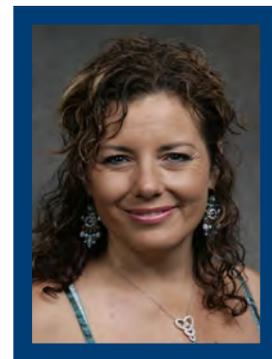
Every blessing is the act of allowing our truth to influence our subconscious mind...

Infinite intelligence already knows how to make all blessings flow in the right direction once we cast them to the stream.

Drink Blessed Water Every Day.
Use blessed water in your daily practices.
Water is your best medicine.

Healing intentions become realities with well-chosen words and thoughts. This is the energy that carries healing intentions. Water, the drink for all beings, carries vibrations that cannot be understood by scientists; but those who understand the energies of natural earth elements will say that water is a holy commodity and when blessed, it carries the intention of the senders. This is why priests bless water and call it “holy.” This is why people visit bodies of water for healing all over the world. It is because the water carries something beyond human understanding, and it is something only faith will reveal.





HOW TO MAKE A FACEMASK

This is NOT an FDA approved medical mask but provides some personal protection without depleting N95 masks needed for health care workers

MATERIALS NEEDED:

Tightly woven/non-woven machine washable fabric

Material for inner lining (non woven interfacing, finely woven silk)

1/4" Elastic

Large paperclip

- Using provided template cut two pieces of fabric - 9" x 7"
- Cut one piece of 9" x 7" inner lining
- Cut two 5 1/2" pieces of elastic
- Lay fabric RIGHT SIDE TOGETHER with inner lining on top
- Stitch 1/4" seam across the top 9" side
- Flip and bring wrong sides together. Open paper clip and place in center 'pocket' as indicated on template.
- Stitch pocket around paperclip
- Return to wrong sides together.
- Place end of one piece of elastic on side below top seam, place other end at lower edge, allowing for 1/4" seam.
- Stitch in place, stitching about 1" around lower edge
- REPEAT for other side. Clip corners and TURN
- Stitch lower edge closed.
- Using template, make three 1" pleats across mask. Be sure pleats are directed DOWN.
- Pin and stitch pleats 1/4" from edge
- Stitch a second time, with stitching at edge of mask.

This mask can be washed and reused.

Template on page 14

<https://www.deborahnorville.com/mask-how-to>

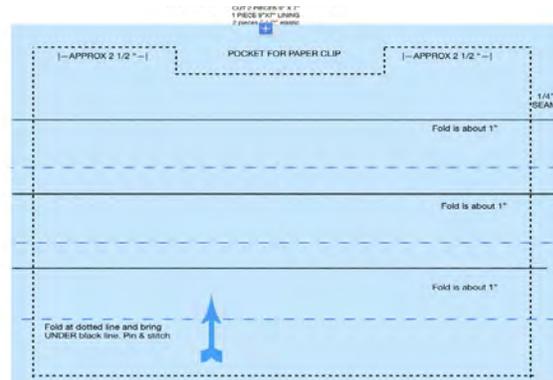
Stay safe & healthy!

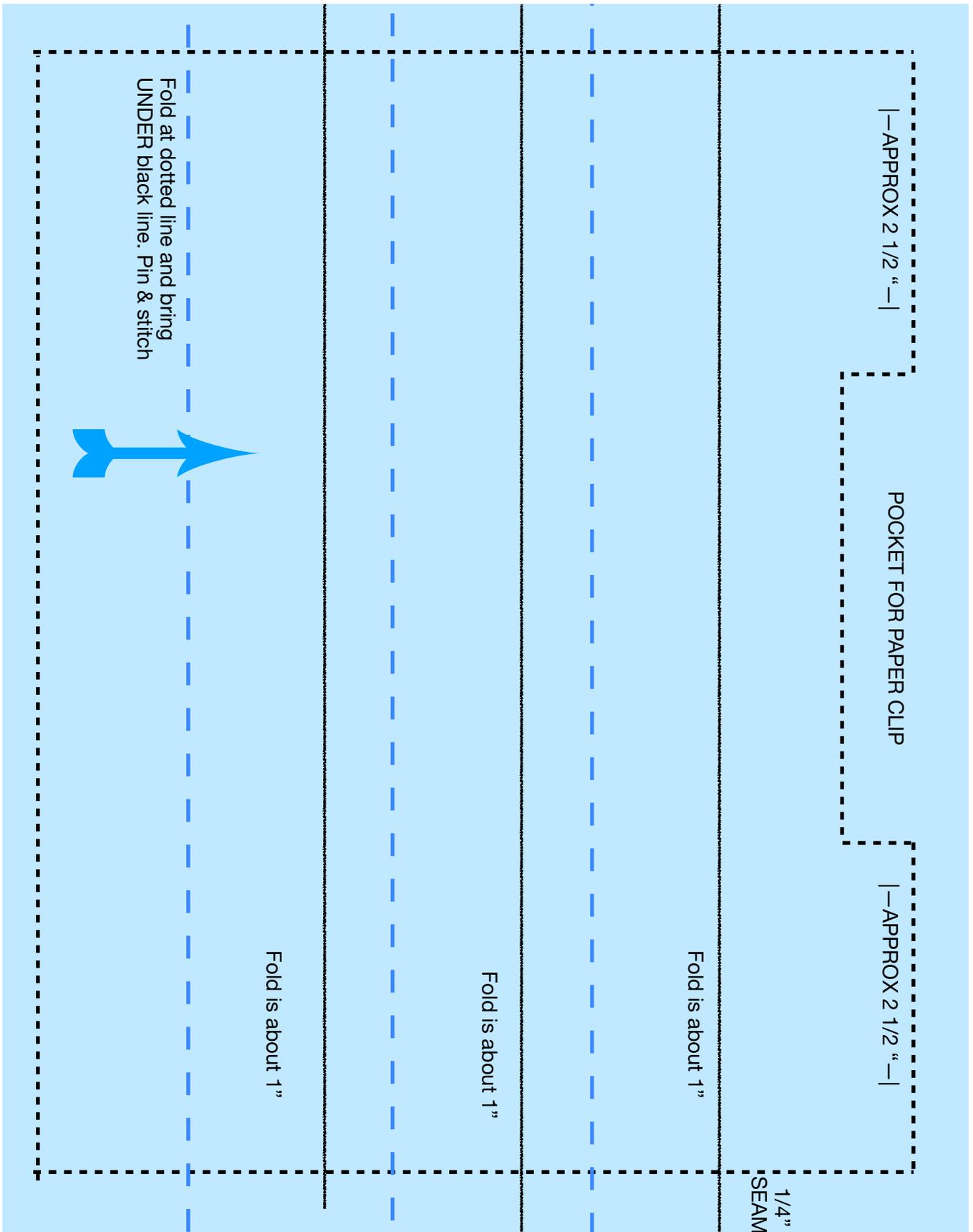
Deborah Norville

@DeborahNorville



by Deborah Norville of Inside Edition





TEMPLATE FOR HOME MADE FACE MASK

CUT 2 PIECES 9" X 7" - 1 PIECE 9" X 7" LINING - 2 PIECES 5 1/2" ELASTIC

I-ACT Quarterly Spring 2020

COMEDY CORNER

"It's anything funny."



HOW TO ENFORCE "SOCIAL DISTANCE"



Have a laugh...

Blueberries Are the Superfood You Need to Take Seriously

Recent studies prove blueberries exceed expectations.

Blueberries Are the Superfood You Need to Take Seriously



Mama always said to eat your fruits and vegetables, but now science is telling you why blueberries, especially, should be a staple in your diet. Blueberries are the superfood that acts as nature's candy. They taste delicious whether fresh, frozen, by the handful, or added to your favorite recipes — but they're also packed with essential nutrients that help your body thrive.

According to a collection of studies packaged in *The Journals of Gerontology, Series A: Biological Sciences and Medical Sciences*,

blueberries can even help make the inevitable aging process much smoother overall. All you have to do is eat them. For example, according to EurekaAlert's official press release on the collection, which was drawn from a symposium titled "Blue versus Gray: Potential Health Benefits of Blueberries for Successful Aging," researchers were able to identify that consuming just one cup of blueberries per day can "improve blood vessel function and decrease systolic blood pressure." These benefits evidently come from the anthocyanins in blueberries — aka the part of the fruit that gives off its deep blue coloring.

If such a significant health benefit can come from chemicals contributing to the fruit's hue, what other magical powers might blueberries possess? We've listed a few science-based facts that will have you sold on adding blueberries to your weekly menu to benefit your mind, body, and soul.

Blueberries Are Good For The Heart and Blood Vessels

According to a study published in the *American Journal of Clinical Nutrition* back in May of 2019, eating one cup of blueberries per day can help improve certain cardiovascular risk factors of individuals diagnosed with metabolic syndrome (a condition in which multiple conditions may occur together, and increase your risk of heart disease, stroke, and type 2 diabetes).

For the study, researchers asked a group of overweight and obese adults between 50 and 75 years old to either consume one cup of freeze-dried blueberry powder, one placebo that looked like a blueberry, or a mix that was half freeze-dried blueberry powder and half placebo once per day for six months, Sharecare.com reports. In the end, those who ate a full cup of blueberries per day "had less arterial stiffness, improved vascular function," and a higher "good" cholesterol level than those who either ate fewer or no blueberries at all.

What's more, the antioxidants in blueberries are suspected to be great protectants against harmful plaque in human arteries. Though more research needs to be done on the subject, a study found that animals who are fed blueberries on a regular basis have anywhere from 40 to 60 percent smaller "arterial wall lesions," or damage of the tissue, than animals who are not fed any blueberries at all, according to a press release from Sharecare.com.

Antioxidants In Blueberries Keep Your Brain Sharp

Dr. Memet Oz and Dr. Michael Roizen told Sharecare.com that blueberries are high in antioxidants called flavonoids. Flavonoids (also referred to as polyphenols) interact with the different proteins and enzymes in your brain, keeping your brain feeling young and fresh, they explain. In fact, according to research, "people who eat a

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Blueberries Can Lower Your Bad Cholesterol Levels

Got high cholesterol? Why not add a handful of blueberries to your morning cereal? According to an animal study published in the Journal of Agricultural and Food Chemistry back in 2010, researchers led by a U.S. Department of Agriculture (USDA) chemist, Wallace H. Yokoyama found that blueberries can reduce bad cholesterol (LDL) levels by 44 percent.

Researchers believe that this is due to the fact that compounds in blueberries activate genes in the liver, and therefore aid in its proper functionality, according to Sharecare.com.

By Julia Guerra, February 20202

Understanding Your Blood Pressure

According to the American Heart Association, nearly half of all adults in America have high blood pressure, or hypertension. However, since high blood pressure can often be present without any symptoms at all, many people who have it don't know it. High blood pressure can cause a host of medical problems, especially over time, including cardiovascular disease, chronic kidney disease, and stroke. Once you visit the doctor and get a sense of your numbers, you can use a blood pressure chart to interpret your results and stay on top of your progress.

The United States Preventive Services Task Force recommends that adults over the age of 18 be screened for high blood pressure. If the reading is normal, people ages 18 to 39 can be rechecked every three to five years. After age 40, blood pressure should be checked annually, which will likely happen every time you go to the doctor. You can also have your blood pressure checked at a pharmacy or at home with a personal blood pressure machine.

Many things can impact your blood pressure, such as time of day, how hydrated you are, and even whether or not you are around somebody wearing a white coat. Because of this, physicians typically check blood pressure at least three times before officially diagnosing you with blood pressure, and they may ask for your blood pressure readings to be done out of the office, so you're less stressed.

The top number of your blood pressure is the systolic pressure, which indicates the pressure in the arteries when the heart is squeezing. The bottom number of your blood pressure is the diastolic pressure, which indicates the pressure in the arteries when the heart is relaxed. A systolic reading above 120 and/or a diastolic reading over 80 is considered elevated and warrants seeing your doctor, being evaluated for causes of hypertension, lifestyle modifications, and possible medication.

Once you've obtained a blood pressure reading (or several, which you can average together), use the chart to analyze your results.

Categories of Blood Pressure in Adults

(measured in millimeters of mercury, or mmHg)

Category	Systolic (top number)		Diastolic (bottom number)
Normal	Less than 120	And	Less than 80
Prehypertension	120-139	Or	80-89
High Blood Pressure			
Stage 1	140-159	Or	90-99
Stage 2	160 or higher	Or	100 or higher



Digestive Issues With COVID-19 Is a Surprisingly Common Symptom

One study found that over half of patients tested experienced this.



digestive

March 27, 2020 - 3 p.m. EST

We have all heard the typical symptoms of COVID-19: the telltale dry cough, high fever, exhaustion, and in severe cases, difficulty breathing. But there's another common symptom that one study found; about half of patients tested with [COVID-19 are reporting digestive issues.](#)

This new study reports that patients and physicians should now be on the lookout for digestive

symptoms, including diarrhea, lack of appetite, vomiting, and even abdominal pain, as potential signs of COVID-19. It was even found that in a small amount of patients, digestive issues were the only symptoms present.

RELATED: [Subscribe to the Dr. Oz newsletter](#) for wellness tips, recipes, and exclusive sneak peeks from The Dr. Oz Show.

This information comes from a small study released Mar. 18, 2020 in the *American Journal of Gastroenterology*, which examined 204 [patients with COVID-19](#) at three hospitals in the Hubei province of China, where the initial COVID-19 outbreak happened. Of these patients, 103 (50.5%) were found to have one or more digestive symptoms, from the list mentioned above. Furthermore, six of these patients only had digestive symptoms. The most common digestive symptom found in these patients was lack of appetite, followed by diarrhea, vomiting, and a small number with abdominal pain.

It is important to note that in this study, respiratory issues were still the most common symptom among these patients, and 97 of the 103 patients with digestive symptoms had accompanying respiratory symptoms as well.

What's interesting is, according to the study, patients with digestive symptoms took longer to get to the hospital after the onset of their symptoms when compared to patients without digestive symptoms. In addition, patients with digestive symptoms had more severe signs of disease in some respects than those without digestive symptoms. For example, patients with digestive symptoms had higher liver enzymes than those without digestive symptoms, suggesting liver was affected as well. In addition, patients with digestive symptoms were more likely to receive antibiotic treatment than those without. "Clinicians must bear in mind that digestive symptoms, such as diarrhea, may be a presenting [feature of COVID-19](#), and that the index of suspicion may need to be raised earlier in these cases rather than waiting for respiratory symptoms to emerge," write the authors.

It is important to remember that this is a relatively small study. As more information becomes available, this data may change.

Should I Worry If I'm Having Digestive Problems?

If you are experiencing digestive problems, call your doctor to voice your concerns. The Centers for Disease Control recommends [staying home](#) if you have any COVID-19 symptoms unless you need urgent medical care. People who are mildly ill with COVID-19 can recover at home.

In addition, you should monitor your symptoms and stay in touch with your doctor. They will advise you on if they think you need to get tested and where you can go to do so. If you do think you need to get medical care, always call first so your provider can protect themselves and others in the event that you do have COVID-19. If you develop emergency warning signs including trouble breathing, persistent pain or pressure in the chest, new confusion or inability to arouse, or bluish lips of face consult your doctor immediately or call 911.

Erin Hays is a fourth year medical student at the University of Maryland. She will begin her urology residency at Georgetown in June 2020.



Published on *Healing Earth* (<https://healingearth.ijep.net>)

[Home](#) > [Healing Earth](#) > [Chapters](#) > [Water](#) > Water and Spirituality

Water and Spirituality



*Filmmaker James Balog has a core conviction about the value of water and acts on it. To raise awareness of the effect of global climate change on water, Balog films the world's receding glaciers, often at great personal risk. **View** the trailer for his film *Chasing Ice*.*

Tad Pfeffer

Source: <http://www.chasingice.com/contact/>

Science helps us know the properties and function of water in the natural world. Ethics helps us decide how to preserve, protect, and distribute Earth's water resources. Spirituality helps us identify our core convictions about the meaning and value of water.

If we genuinely hold that water has intrinsic value, it will be demonstrated in how we act; our actions will express a spirituality of respect for Earth's water resources. Conversely, if we routinely act in ways that misuse water, we will display an inner spirit that lacks respect for water—regardless of what we may say about its

value. Paying attention to how we act puts us in closer touch with our *operating* spirituality; greater awareness of our inner spirit helps us identify the strengths of our true convictions.

Along with identifying our core convictions, awareness of human spirituality opens us up to a deeper appreciation for the rich array of spiritual meanings other people and cultures

This section begins with select examples of water use in the world's religions and then returns to the question of our own spiritual understanding of water with special focus on the Christian tradition. In this approach, we follow the spirituality questions posed in the River Ganges case study that began this chapter:

How have human beings approached the nature and meaning of water from a spiritual perspective? What are ways various religions of the world have used water in their prayers and rituals.

Water in Symbol and Ritual

Human beings have long been in awe of water. Its movement, its forms, its colors, its power – all these draw our attention, fascinate us, and sometimes spellbind us. We can stare at a running brook or overlapping, windswept waves and enter a mood of calm wonder. The physical properties of water that you studied in the science section – especially fluidity, solvency, and the hydrologic cycle – give water the features that evoke our awe. They also explain why humanity has so often used water as a sacred symbol.

Symbol of Life

Human beings have often taken water's refreshing, fluid quality as a symbol of the power of life itself. Many **Indigenous People** have understood water this way for thousands of years. Some of the most beautiful sacred music among indigenous tribes of North America celebrates the life-giving power of water. Listen to Zoongi Gabowi Ozawa Kinew Ikwe (Strong Standing Golden Eagle Woman) from the Crane clan of the Anishinabe Nation communicate the spirit of water in this **song** she received in a dream.



Pauline Tangiora is a Maori elder from New Zealand and a world leader in environmental spirituality. [Listen](#) to her remarks on water at the 1992 United Nations Conference on Environment and Development.

Inspired Pople

Christian Bible, God's spirit first moved – over the face of the waters – and God said – Let the waters bring forth swarms of living

In the creation story of the Jewish Torah and



A 12th century Christian mosaic depicting God calling forth life from the waters. From the Cathedral of Monreale in Sicily.

creatures (Genesis 1:2, 20). In Islam, water is the origin of all life on Earth. The Qur'an says water is the substance from which God created the human being (25:54). At creation, even God's throne – was upon water (11:7).

Symbol of Purification, Protection and Healing

We learned in the River Ganges case study at the beginning of this chapter that the Hindu people in India consider the river Ganges an embodiment of the goddess Ganga. This makes the Ganges River both a symbol of life and a place where one can wash away spiritual impurities, thereby drawing closer to the sacred source of life.

In a similar way, ancient Jewish tradition calls people on special occasions to cleanse their bodies spiritually by immersion in a Mikveh bath. For Muslims, ablution with water, or wudu, is an obligatory preparation for daily prayer. The prophet Mohammed states in the Quran: "O you who believe! When you rise up to prayer, wash your faces



Spiritual purification through ablution in Islam, and your hands as far as the elbows, and

wipe your heads and your feet to the ankles (5:6). These are only a few examples of the use of water for spiritual purification in the world's religions. As with fluidity, human beings have found in water solvency a cleansing power that reaches beyond the physical body.

Water has also been associated with spiritual protection in many of the world's religions. In Roman Catholic Christianity, for example, water can be ritually blessed and serve as a spiritual symbol of God's protection over a person or group touched by this Holy Water. Symbolizing both purification and protection, Catholics often dip the fingers of their right hand into a Holy Water font and make a Sign of the Cross as



Roman Catholics use holy water for spiritual protection.

they enter (purification) and leave (protection) a church. Many Eastern Orthodox Christians also drink a small amount of blessed water when saying their morning prayers or put a little holy water in their food as they cook their meals.



Bartholomew I is the Archbishop of Constantinople, spiritual leader of the world's 300 million Orthodox Christians. Bartholomew is known worldwide as the "Green Patriarch" for his commitment to environmental sustainability.

Inspired People

Continued on page 25

2020 I-ACT Convention Member Registration Form



June 23-27, 2020

Embassy Suites by Hilton
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Group code: (IAC)
OR
Booking Website:
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Special I-ACT Hotel Rates
\$139.00 per night (Single/Double)
(excluding tax)
Register early for this special rate
Rates good through May 23, 2020
or until the room block is sold out.

Agenda (Check official agenda - on website - for times)

**Fragrance
Free**

**** June 23, 2020 (Tuesday) ****
I-ACT Board Meeting

**** June 24, 2020 (Wednesday) ****
Vendor Setup at Noon

Instructor Presentations (must be pre-registered to present)- AM
Education Committee & Mandator / Instructor / Schools (2:00 - 5:00 PM)

**** June 25, 2020 (Thursday) Convention ****
President's Remarks

Speakers
Membership Meeting - I-ACT
Membership Meeting - NBCHT (NBCHT Board Meeting)

**** June 26, 2020 (Friday) Convention ****
Speakers

*** Dinner - President's Award Dinner Dance ***

June 27, 2020 (Saturday) Convention **
Speakers

President's Closing Remarks

**** June 28, 2020 (Sunday) ****
I-ACT Board Meeting

2020 Convention has been Cancelled. We will notify you when the next Convention is scheduled.



Start the day with our free made-to-order breakfast, then unwind with snacks and beverages at our complimentary Evening Reception in the atrium. Relish a delicious lunch or dinner at the casual American bistro-style restaurant, Kyng's Grille. Our lobby lounge, The Oasis, is an inviting place to relax. Purchase coffee, a quick snack or sundries from The Marketplace.*



2020 Convention has been Cancelled. We will notify you when the next Convention is scheduled.

SPEAKERS for 2020 CONVENTION

Thursday June 25



Dr Denise Chranowski 10:30 - 11:30 -- "Mindfulness"



Elaine Wilson 1:30 - 2:30



Tracy Tribbett 2:30 - 3:30

Friday June 26



Dr Denise Chranowski 9:00 - 10:00 -- "Mindfulness Workshop"



Cathy Agasar 10:00 - 11:00 -- "Finding the Real You"



David Pesck PhD 11:30 - 12:30 -- "Holistic Technology - Core Reflex of Health"



Kent Nelson, R. Ph 2:00 - 3:00 -- "The Healthy Gut"

Lynn McDougall 3:00 - 4:00 -- "True Freedom is Letting Go of the Past"



Dr Shawn Talbott 4:00 - 5:00 -- "The Gut-in-Body-Biome"

Saturday June 27



Mark Buse, BS 9:00 - 10:00



Brian Clewett, PhD 10:00 - 11:00



Millan Chesson 11:30 - 12:30 -- "Fasting"



Laheer Shah, MD 2:30 - 4:30

2020 Convention has been Cancelled. We will notify you when the next Convention is scheduled.



Roman Catholics use holy water for spiritual protection.

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Bartholomew I is the Archbishop of Constantinople, spiritual leader of the world's 300 million Orthodox Christians. Bartholomew is known worldwide as the "Green Patriarch" for his commitment to environmental sustainability.

Inspired People

Sacred healing practices in most world religions also involve water. For centuries, Eastern Orthodox Christians have identified certain springs of water as possessing healing power. One of the most renowned springs is at the Church of St. Mary of the Spring in Istanbul, Turkey. Here, in 450 AD, the future Byzantine Emperor Leo I encountered a thirsty blind man near a grove of trees. As he looked for water to give the man, Leo heard a voice say "Leo, go into the grove, take the water which you will find and give it to the thirsty man. Then take mud and put it on the blind man's eyes. Afterwards, build a temple here so that all who come will find answers to their petitions." Leo did as he was told and the blind man regained his sight. Leo erected a magnificent church on the site where its water is believed to work cures to this day.

Closer Look



For an interesting discussion of the verification process for the healing miracles at Lourdes, see [The 67 Miracles of Lourdes](#).

The most famous tradition of healing water in Roman Catholicism is that of Our Lady of Lourdes in France. In an apparition on February 25, 1858, Bernadette Soubirous was told by the Virgin Mary to dig in the ground until reaching water

and then "drink at the spring and wash in it." Since this apparition, many people have claimed to be cured by drinking or bathing in the spring water discovered by Bernadette. Thousands of people come every year to the Grotto of Massabielle in the Sanctuary of Our Lady of Lourdes and follow the instructions given to Bernadette.

Symbol of Movement from Separation to Redemption

Religious traditions have also used the seasonal water cycle of drought, flood, life-giving rain, and the rainbow to symbolize the human experience of moving out of separation from God to redemption. In the Ancient Hebrew Torah and Christian Bible, God sent a great flood at the time of Noah because "the earth was filled with



Noah returning to dry land. A 12th century Christian mosaic from the Cathedral of Monreale in Sicily.

violence (Genesis 6:11). God rewarded Noah's faithfulness with dry land and a covenant between you and me and every living creature. The rainbow was given as a sign of this covenant (Genesis 9:12-13). Later, the Ancient Hebrews again use the water cycle to symbolize their experience of moving from separation to redemption. The prophet Elijah's first words announce a

drought for the sins of Israel (1 Kings 17: 1). When the people of Israel stop their idolatry, God blesses them with a great rain (1 Kings 18:41-45).

In Islam, too, water is a symbol for the stages of life's journey. Most notably, at the end of the journey, believers will experience a garden of paradise containing cool streams and springs of fresh drinking water. As the Qur'an states, believers will enjoy rivers of unstagnant water (47:15) and a gushing fountain (88:11-12).

One religious water ritual that draws all these elements of life, purification, protection, healing, separation, and redemption together is the Roman Catholic sacrament of Baptism. The word sacrament comes from the Latin word *sacramentum*, which means "a sign of the sacred".

In the sacrament of Baptism, Christians have water poured over them or immerse themselves in water to be cleansed of sin and admitted into the Christian community. In the Roman Catholic ritual, the community prays, "In Baptism we use the gift of water, which you have made a rich symbol of the grace you give us in this sacrament. At the

The Roman Catholic sacrament Baptism

very dawn of creation, your Spirit breathed on the waters, making them the wellspring of all holiness. The waters of the great flood you made a sign of the waters of Baptism that made an end of sin and a new beginning of goodness. Here, again, water is a medium for communicating the sacrality of life and situating the inevitable cycle of that life within an ancient story of separation and redemption.



Questions to Consider

Imagine you are visiting the Maasai people of East Africa and you are invited to observe their traditional rainmaking ritual. Watch it [here](#).

What does this ritual tell you about the relationship of the Maasai people to water?

Do you find a ritual like this meaningful? If so, why? If not, why not?

Water in Spiritual Life

While water has been vital for religious symbolism and ritual throughout human history, too many members of the world's religions neglect to respect water as a finite natural resource. Many members of religious communities and likewise many people who profess no religion, are in need of an inner, spiritual conversion to appreciate the value of water.

The necessity of this conversion, or "change of heart", is central to the message of the Jesuit document *Healing a Broken World*, the document that provides the spiritual



Human beings need a change of heart to fully respect the sacred gift of water. 🌱



ANYTHING
for the
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DUE
NO LATER
THAN
the 1st
of the month
prior to
publishing

In order to get the quarterly newsletter printed and mailed or emailed in a timely manner, please have ALL articles, ads, photos, events, and anything else of interest, sent to the I-ACT office NO LATER THAN the 1st of the month prior to publishing.

Due dates: Spring, March 1st - Summer, June 1st- Fall, September 1st - Winter, December 1st.
Thank you

Why You Can Smell Rain

by Tim Logan

A weather expert explains petrichor – that pleasant, earthy scent that accompanies a storm's first raindrops.

Your nose knows what's on the way.



When those first fat drops of summer rain fall to the hot, dry ground, have you ever noticed a distinctive odor? I have childhood memories of family members who were farmers describing how they could always “smell rain” right before a storm.

Of course rain itself has no scent. But moments before a rain event, an “earthy” smell known as petrichor does permeate the air. People call it musky, fresh – generally pleasant.

This smell actually comes from the moistening of the ground. Australian scientists first documented the process of petrichor formation in 1964 and scientists from the Massachusetts Institute of Technology further studied the mechanics of the process in the 2010s.

Petrichor's main ingredients are made by plants and bacteria that live in the ground.



Why You Can Smell Rain cont'd

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Petrichor’s main ingredients are made by plants and bacteria that live in the ground. Petrichor is a combination of fragrant chemical compounds. Some are from oils made by plants. The main contributors to petrichor are actinobacteria. These tiny microorganisms can be found in rural and urban areas as well as in marine environments. They decompose dead or decaying organic matter into simple chemical compounds which can then become nutrients for developing plants and other organisms.

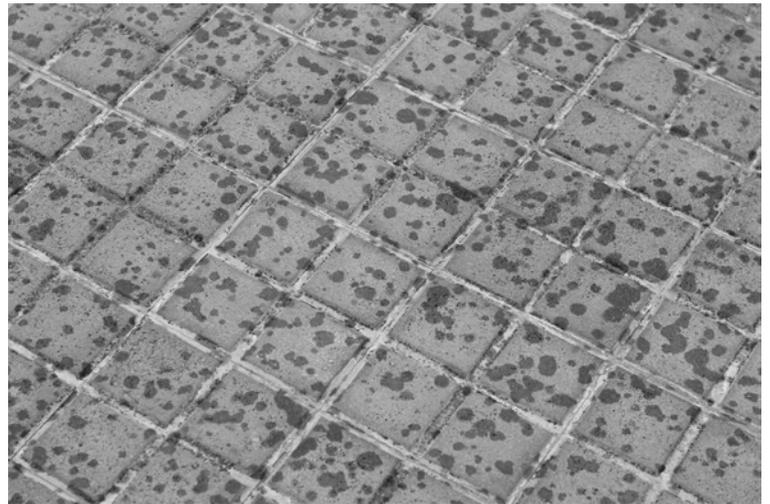
A byproduct of their activity is an organic compound called geosmin which contributes to the petrichor scent. Geosmin is a type of alcohol, like rubbing alcohol. Alcohol molecules tend to have a strong scent, but the complex chemical structure of geosmin makes it especially noticeable to people even at extremely low levels. Our noses can detect just a few parts of geosmin per trillion of air molecules.

During a prolonged period of dryness when it has not rained for several days, the decomposition activity rate of the actinobacteria slows down. Just before a rain event, the air becomes more humid and the ground begins to moisten. This process helps to speed up the activity of the actinobacteria and more geosmin is formed.

Before you see it, do you smell it?

When raindrops fall on the ground, especially porous surfaces such as loose soil or rough concrete, they will splatter and eject tiny particles called aerosols. The geosmin and other petrichor compounds that may be present on the ground or dissolved within the raindrop are released in aerosol form and carried by the wind to surrounding areas. If the rainfall is heavy enough, the petrichor scent can travel rapidly downwind and alert people that rain is soon on the way.

The scent eventually goes away after the storm has passed and the ground begins to dry. This leaves the actinobacteria lying in wait – ready to help us know when it might rain again.



Tim Logan is an Instructional Assistant Professor of Atmospheric Sciences at Texas A&M University.

The Healing Power of Water

Ever since the Romans, people around the world have been using the therapeutic qualities of water to cleanse, heal and relax the body.

Did you know that raising the temperature stimulates the production of white blood cells which strengthens the immune system? Hot water also encourages sweating which helps to remove toxins from the body.

Cold water is a great recharger, reduces inflammation and helps boost circulation. So take advantage of life's natural essence and wise up to the power of hydrotherapy.

A hot bath

A hot bath is one of the most soothing ways to relax on a cold winter's night. Simply soaking in warm water encourages relaxation and also works up a sweat. This helps to clean out toxins and removes impurities from the skin.

A herbal bath is especially good for relieving period pains. Try combining lavender, chamomile, hops and burdock root, and add to hot running water. Then soak for 30 minutes in a candlelit bathroom.

Bathing in Epsom salts which is pure magnesium, is both relaxing and an effective detox. The magnesium draws toxins from the body helping to improve circulation and purification.

Need a quick recharge? Try alternating between hot and cold showers - just grin and bear it - it works wonders on the circulation system.

Hydrotherapy bath

Fitted with strategically placed jets, a hydrotherapy bath is the equivalent to an hour's massage. Although disconcerting at first as bubbles rise up from beneath the buttocks, calves, thighs and neck - you'll soon go with the flow. A hydrotherapy bath is also a good detox as it is often filled with seaweed or mud. This releases minerals which boost circulation and stimulates blood flow.

Jet douching

Otherwise known as blitzing, jet douching uses the power of water to pummel fatty areas - such as the thighs or buttocks - into submission. A beautician targets pockets of cellulite, aiming to stimulate circulation and break down fatty deposits. The pulsating water helps massage and tone the skin giving the body's lymph glands a healthy kick. This process alternates between hot and cold water and is repeated several times.

You could try douching at home with a hand-held shower or water hose. Direct the stream of water at cellulite-ridden areas and alternate between warm and cold jets, keeping the cold bursts to no longer than 20 seconds at a time.

Jacuzzi

The Jacuzzi came into its own in the eighties and remains a favorite pastime in gyms around the world. But did you know it's more than just a stress reliever? Pulsating jets aimed at thighs, buttocks, back and arms will stimulate nutrients and oxygen to the blood cells which helps to renew cell growth. As a heat treatment, it boosts circulation, speeds up the metabolic rate and helps to break down fatty deposits expelling toxins from the body. So take full advantage of your local jacuzzi and bubble away.

Flotation tank

Sounds like a dunking session in a decompression chamber, but the reality is weightless bliss. It involves lying in a sound-insulated tank containing a shallow saline pool kept at body temperature. This enables anyone in a flotation tank to enter into a deep relaxed state and experience feelings of profound serenity. It is claimed one hour in a flotation tank is the equivalent to four hours' sleep.

The main benefit of flotation is stress relief, but it also reduces the secretion of anti-diuretic hormones. This means that water retention is flushed away through urine after a float.



FOR SALE

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Skye Wellness, L.L.C is in Walnut Creek, CA., a thriving community which is 25 miles East of San Francisco. Well established in the community for the last ten (10) years. Since opening in 2010, each year return and new clients have resulted in a steady and growing revenue base. Excellent reputation locally as a professionally run and well managed small business. Perceived as a calm, quiet, feng-shui office which offers sessions on both open and closed colon hydrotherapy systems, each in a private room with its own bathroom. Practice regarded as knowledgeable for detoxification and nutrition counseling. Perfect location for recent graduate who wants to start their business quickly or for an established practice that wishes to expand.

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Contact: Laura Hollabaugh, Managing Member 925-939-7069
www.skye-wellness.com

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Terms: Cash

Client Base: 725+

Current Lease: \$1,827.00

Lease Term Available Expires: June 30, 2023

Please call for more information, contact:

Maureen Phifer

Founder, Natural Health and Wellness

303-221-2621



SPRING 2020 HEALTHY BLESSINGS!

Dear Friends & I-ACT Members ~

These last few weeks have brought many shifts and changes into our world rapidly, and while we are all being encouraged to distance ourselves from one another, we are also being forced to realize just how connected we all are. Surrounded by a global community of caring brothers and sisters who are experiencing this together, and who are each being asked to do their part. For many, it is not out of fear for ourselves, but out of respect and love for each other.

Let us remember, that we have ALL descended from generations of people who have experienced times of hardship. We must choose to act with grace, wisdom, slow down, breathe, smile and pay attention. We are sending our deep appreciation to all doctors, nurses and health practitioners that are giving their time, love & endless energy in these times.

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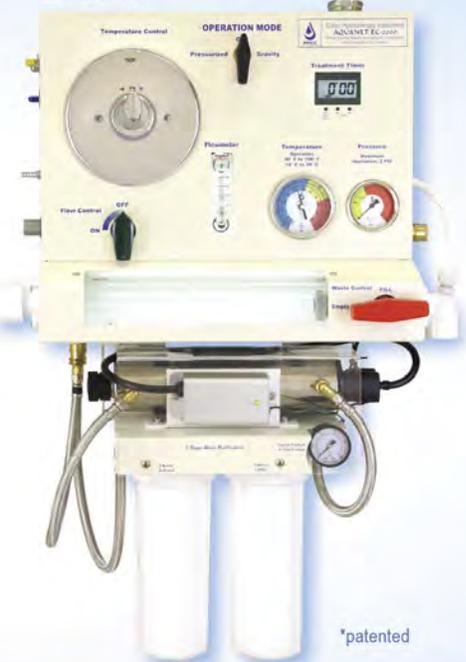
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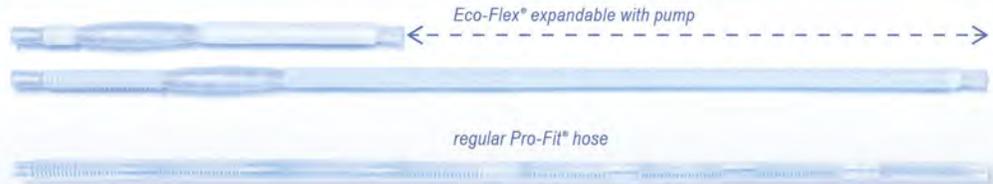
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A Colon Hydrotherapist came up to us at a conference, and was glowing about how well the Relax Sky Eye Radiator worked when she gave a colonic. She used the Relax Sky Eye Radiator on the client's abdomen as the client received a colonic. She confided it worked more effectively in getting a better release than even having them get into the Relax Sauna for 5-10 minutes before a Colonic session. (This of course, was also effective.)

We recommend:

- 1) Put your client in the Relax Sauna for 5-10 minutes (with their clothes on) before they have a colon hydrotherapy session.
- 2) After or before the colonic, offer a 20-25 minute profuse detox sweat in the Relax Sauna to your client as an additional service for \$40 - \$60.

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Doctors' Insurance Agency also writes professional liability insurance for colon hydrotherapists. Email them at: info@doctorsagency.com. They are located at 6 Hamilton Landing, Suite 170, Novato, CA 94949. Phone 415-506-3030.

Another company, CM&F may write liability insurance for colon hydrotherapists (**they have dropped numerous therapists, but some are getting insurance.** - call 800-221-4904, or go online to cmfgroup.com. It will be listed as "Enterostomal Therapist." They will put a rider in the policy stating colon hydrotherapy if you request; however, it is not required - this depends on the underwriter of the insurance.

In Canada, try Lloyds of London - check with your local Lloyds of London agent. In the UK, try Balens Insurance Brokers at 01684 893006.

In the Netherlands, try: Mark Hypotheken & Pensioenen B.V., Therese van Reeuwijk
Oude Delft 103, NL-2611 BD DELFT • tel. +31 152147543 • fax. +31 152126086 • www.markhypotheken.nl

Check around and choose the best policy for you. As other options become available, we will let you know. If you hear of anything let us know.

Advertisement

"Are YOU a TOXIC WASTE SITE?" BOOKLETS

Twentieth Anniversary Edition
New COLOR Pages

By Hill Tiler, ND.

Example of How a Dilute Sodium Sulfate Flush and Cleans the Colon

Colon Hydrotherapy
Questions & Answers
Promotes Your Industry

www.toxicwastesite.net

2009 LIBBE Gently Used. Works well.

Placed into service March 2010. Minimal use in private single female home with small evening side business. Well maintained per manufacturer schedule. New digital temp controller with programming & probe replaced in Sept 2013; New drain & flusher jet assembly replaced in July 2018 (w/ receipts to prove).

\$4995 with over \$1000 in FREE supplies

I can send detailed information with pictures and videos. Ships from Lewisberry, PA. SAVE on shipping: Pick up or I can deliver within 4 hours distance.

Call: 717-599-4260

Email: Liesl@CC-HealingArts.com

Information on Approved A&P Courses

Your students may take an A&P course through their local community college or university. If they have taken an Anatomy & Physiology course for massage, from a state licensed school that provided at least 45 hours of classroom time, that course will also count.

There are two courses that may be used for the A&P pre-requisites.

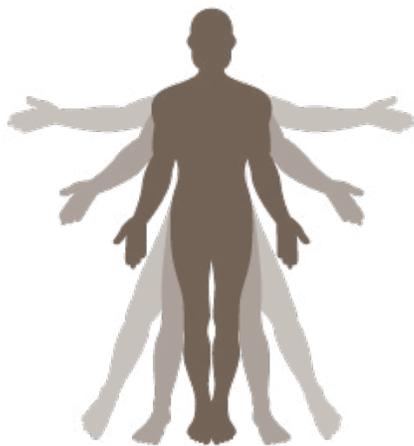
Your student may take the Delmar course through CENGAGE Learning, *ONLY* if you as the instructor or school register with Delmar and set up the program. It goes through you; students *MAY NOT* call Delmar directly, it doesn't work that way.

The Instructor must Contact:

Melanie Kessler: Cengage Learning at, 5 Maxwell Dr., Clifton Park, NY 12065 (p) (518) 348-2476. Use the link below to get started.

<https://k2.cengage.com/Runtime/Runtime/Form/I-Act+Order+Form/>

or email: Melanie.Kessler@cengage.com - Valid in the USA.



Corexcel: Course Number: CXW0035

Course Fee: \$318.00

Point of Contact: Kysha Mowbray, (888) 658-6641, learn@corexcel.com

Information for Those Seeking a Job

Looking for a Career Opportunity?

Go to the I-ACT web site and then go to the members only section. Inside you will find numerous job opportunities.

If you are looking to be employed, you may email us and we will list your name as someone looking for employment.

If you are seeking someone to employ, send us an email with your information and we will post your opening in our E-Blasts.

Also check our "Help Needed" section, in the Members Only Section of our web site

<http://www.i-act.org/iactmember/membersjobsearch.html>



I-ACT is GREEN!!!



As of the Winter 2013 Quarterly, I-ACT has gone "green." Your quarterly will be emailed to you.

If you would like to have the quarterly sent to you via regular mail, you MUST let us know so we can put you on a list. Just send us an email: homeoffice@i-act.org and let us know you want/need your future quarterlies via mail.

By receiving an email version of the Quarterly, you help the Association be cost effective and good stewards of the budget.



I-ACT sends out E-Blasts to notify its members of Regional Meetings and other important issues. If you are not receiving these E-Blasts, please email the I-ACT Office and give your current e-mail address. We will immediately put your email address on our E-Blast list.

Members Only Section of the I-ACT Web Site

If you have not been to our web site, please go to www.i-act.org. Go to the members only section - contact the office for your Members Only password. In that location, you can find the I-ACT Member Logo, and additional member information. In the future, those on our E-Blast list will be sent the current password, so make sure that you are on our E-Blast list to ensure that you receive the password for our I-ACT Member site.



I-ACT Quarterly Spring 2020

Following is a list of our new members for the period January 1, 2020 through March 31, 2020.
We are glad to have you as members. Remember, at I-ACT you are important to us!

First Name	Last Name	Home City	Home State	Country
Dr. Felicia	Alvarez	Maplewood	NJ	USA
Lea	Angelos	Rocklin	CA	USA
Scheila	Belancourt	Greenacres	FL	USA
Christine	Brigham	Wilmington	NC	USA
Sharlan	Burrupe	Draper	UT	USA
Grace	Claxton	Miramar	PR	USA
Kylie	Dowling	Mona Vale	NSW	Australia
R. Renee	Dupree	Las Vegas	NV	USA
Kendal	Eidan	Santa Barbara	CA	USA
Marquisha	Godley	Atlanta	GA	USA
Renell	Godley	Houston	TX	USA
Cassidy	Harrison	Johannesburg	GP	South Africa
Kara	Henderson	Erwin	NC	USA
Brooks	Holifield	Shawnee	OK	USA
Mariya	Holifield	Shawnee	OK	USA
Barbara	Jacoboski	Gilbert	AZ	USA
Kapua	Kaneakua	Lihue	HI	USA
Tara	Keefer	Santa Barbara	CA	USA
Cheryl	La Ronde	Evans	GA	USA
Marie	Laroque	Fishkill	NY	USA
Eva	Livingston	Santa Clara	UT	USA
Tovah	Nahman	Rye	NY	USA
Natalia	Orlova	Cobb	CA	USA
Theresa	Piela	Santa Rosa	CA	USA
Ling	Qian	Laguna Hills	CA	USA
Wanda	Robinson-Caton	Advance	NC	USA
Tawana	Rochester	Lithonia	GA	USA
Kerri	Shiozawa	Manteca	CA	USA
Debbie	Silpa	Newark	NJ	USA
Nancy	Smith	Louisville	KY	USA
Frances	Smith	St. George	UT	USA
Kassie	Sturm	Spartanburg	SC	USA
Mary	Stutzman	Goshen	IN	USA
Ashley	Theogene	Midland	NC	USA
Friedman	Valdivia	Fresno	CA	USA
Grace	Valencia	Cagayan De Oro City	Misamis Oriental	Phillipines
Deborah	Walsh	Bayside	NY	USA
Donna	Walsh	Upper Saddle River	NJ	USA



Welcome New Members



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Colon irrigation devices are prescription devices by federal law. A practitioner licensed by state law to use such prescription devices must authorize the purchase of the colon irrigation device, must use or supervise its use, and must order each colon irrigation for a patient.”