

I'm Tasha Roberts, owner of Hadiya Wellness and the Hadiya Institute of Colon Hydrotherapy in Atlanta, GA. My journey began in 2002 when I became an I-ACT member and earned my certification as a colon hydrotherapist. In 2008, I advanced to a Certified Instructor, and I'm honored to have been named Instructor of the Year in both 2013 and 2022.

My passion for this work is rooted in my own story. After facing personal health challenges, I was introduced to colon hydrotherapy — an experience that changed my life in such a profound way that I knew I wanted to help others experience the same transformation.

Today, my mission is twofold: to empower clients with the knowledge that they have the choice and ability to take charge of their health, and to equip students with the tools, skills, and professionalism to become outstanding therapists.

I feel truly blessed to be in a profession I absolutely love. In 2025, I was nominated to serve on the Board of I-ACT, and I look forward to collaborating with my fellow board members to make a lasting impact on our esteemed organization and the future of colon hydrotherapy.