July 25, 2026
- Cultivating Sustainable Wellness Practices -

Grace Yetunde Adeoye

Presentation Title:
The Role of Fiber, Hydration, and Micronutrients in Digestive Wellness

Presentation Description:
This presentation explores the foundational role that fiber, hydration, and essential micronutrients play in supporting digestive wellness and overall gut function. From a functional nutrition perspective, attendees will learn how dietary fiber supports bowel regularity and microbiome balance, how hydration assists natural elimination processes, and how key micronutrients contribute to intestinal health and digestive efficiency. Practical strategies will be shared to help practitioners support long-term digestive balance in their clients.

Holly Hammitt

Presentation Title:
Protecting Your Practice: Legal Risk Management and the Benefits of an Attorney Relationship

Description of presentation:
This lecture examines key areas of legal risk and liability that colon hydrotherapy business owners and practitioners face in their day-to-day operations in a quasi-medical-space. Drawing on her extensive background analyzing disputed contracts and litigating commercial cases, as well as her personal experience as a long-time colon hydrotherapy client, Holly Hammitt will perform practical risk identification in a variety of contexts, such as equipment use and procedure, client contraindications, and dietary recommendations. Holly will present mitigation strategies and actionable steps that, when examined with and implemented by a qualified transactional attorney, may reduce legal exposure. Throughout the presentation, Holly will emphasize the value of establishing an attorney relationship—not only for developing comprehensive, legally sound contracts, documents and other proactive risk mitigation measures, but also for navigating the broader legal challenges that may arise as a business grows.

Samantha McMurray

Presentation Title:
Gut–Brain Colon Hydrotherapy: A Nervous System–Informed Approach

Presentation Description:
This presentation explores how the gut–brain axis and nervous system regulation influence digestion and elimination during colon hydrotherapy. Moving beyond a purely mechanical approach, it introduces a treatment framework that supports parasympathetic activation, practitioner attunement, and digestive cooperation. Participants will learn to recognize signs of nervous system overstimulation and apply pacing and intake strategies that support both digestive function and nervous system balance.

Kerri Shiozawa

Presentation Title:
Whole Body Wellness

Description of presentation:
Presentation designed to support practitioners in their focus on intentionality for their own Wellness mind and body. To offer simple practices to share with their clients in their wellness journeys.

Manufacturer Interviews

October 24, 2026
- Harvesting Knowledge -

Tina Egbuiwe

Presentation Title:
The Colon–Hormone Connection: Why Midlife Women Are Struggling

Presentation Description:
This presentation will explore the physiological relationship between hormonal transitions in midlife and digestive function. Many women between the ages of 40 and 65 experience persistent constipation, bloating, weight changes, fatigue, and mood fluctuations that are often influenced by shifting hormone patterns.
Understanding the connection between the colon, endocrine system, stress signaling, and metabolic changes is increasingly important, as colon therapists are often among the first to observe these patterns. The session will also briefly address when certain symptom clusters may warrant referral to a healthcare professional, such as a functional medicine practitioner or gastroenterologist, to ensure clients receive appropriate and collaborative care.

Hally Brooke

Presentation Title:
Understanding the Microbiome: What a Healthy Gut Really Looks Like—and the Signs Yours Needs Support

Description of presentation:
Gut health impacts far more than digestion. In fact, your gut health determines the health of your WHOLE body from your liver to your skin to your brain, even your toenails. Join Board Certified Gut Health Specialist, Hally Brooke to learn what the microbiome is, what a truly healthy gut looks like, and the common signs that yours may be out of balance. We'll cover how gut health can influence energy, immunity, mood, inflammation, and everyday symptoms like bloating, food sensitivities, constipation, and brain fog—plus simple, practical ways to begin supporting your gut naturally.

Dr. Atousa Safavi, MSCR, DDS

Presentation Title:
Detox Starts in Your Mouth: A BioDentist's Approach to Whole-Body Health

Description of presentation:
In this presentation, biological dentist Dr. Atousa Safavi reveals why the mouth is one of the most overlooked sources of toxic load in the body, and why even the most committed detox protocols can fall short when what is happening in the mouth goes unaddressed. From mercury amalgam fillings and root canals to oral dysbiosis and biocompatibility, Dr. Safavi walks practitioners through what biological dentistry actually is, how safe removal and material choices change the body's toxic burden, and what supporting a patient looks like after dental detox intervention. Colon hydrotherapy and biological dentistry are not separate disciplines. They are upstream and downstream of the same goal, and this presentation will show you exactly how they work together.

Roundtable Discussion with I-ACT Members - Business -

Legislative Committee Presentation

Live Q&A - Home Office & Select Board Members

Selected questions submitted by members during the Summit will be answered live.