

Cathy Agasar
I-ACT President Emeritus

Cathy Agasar has been an I-ACT certified colon hydrotherapy professional for nearly 15 years, serving on the board since 2013. She is an award-winning entrepreneur and marketing professional, and the bestselling author of *The Gift of Loss: Transforming Tragedy, Heart-Centered Marketing, and What to Expect Your First Year*.

Since joining the I-ACT board, Ms. Agasar has worked diligently to move the profession of colon hydrotherapy forward through high standards for education and training, professional ethics, and compliance for safety to practice. When asked what her greatest accomplishment has been while being on the board, she responds, “inspiring a higher standard in professionalism, education, unity, and customer service”. She brings her passion for business and colon hydrotherapy together to strengthen the association for the future, all while understanding the important legacy of those who came before.

Ms. Agasar is a practicing colon hydrotherapist at Inner Spa in Newtown, PA. She is National Board credentialed and I-ACT certified instructor, and is passionate about training the next generation of colon hydrotherapy professionals. She is also a functional practitioner/health coach, focusing on helping people take control of their own health through active self-care and understanding.